

**OUTLAW HALF HOLKHAM 2016 - FINAL RESULTS - POSTED ON 07/07/16 AT 10.00am**

Please email enquiries to [timingcrew@resultsbase.net](mailto:timingcrew@resultsbase.net)

Pos	FirstName	LastName	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Club	Team	Swim	T1	Dersingham Cycle	T2	Runlap1	Runlap2	Run	
1	Reece	Barclay	236	04:17:18	M 25 - 29		1 Male		1 Hoddesdon Tri Club		00:25:50	00:01:09	01:19:40	02:24:55	00:01:21	00:28:08	00:56:02	01:24:00
2	Tom	Vickery	82	04:18:55	M 30 - 34		1 Male		2 Erdinger		00:29:54	00:01:05	01:19:28	02:24:39	00:01:04	00:26:48	00:54:34	01:22:11
3	Simon	George	131	04:19:44	M 35 - 39		1 Male		3 Giant Lincoln/Lincoln Tri		00:26:49	00:01:48	01:16:23	02:19:53	00:00:53	00:29:11	00:59:11	01:30:18
4	Sam	Begg	237	04:22:36	M 25 - 29		2 Male		4 7OAKS TRI		00:28:18	00:01:16	01:18:41	02:25:18	00:00:59	00:27:48	00:56:07	01:26:42
5	Charlotte	Long	721	04:23:50	RELAY		1 Male		5 Team O'Neill Team O'Neill		00:33:52	00:01:04	01:20:32	02:27:27	00:00:45	00:26:20	00:53:28	01:20:41
6	Tom	Mcglashan	260	04:25:23	M 25 - 29		3 Male		6 Tricamp Tfn Race Team		00:29:04	00:01:16	01:17:48	02:23:49	00:01:24	00:28:29	00:58:40	01:29:47
7	Emma	Patel	720	04:25:26	RELAY		2 Male		7 Team North I Team North I		00:27:28	00:01:04	01:20:03	02:28:11	00:00:54	00:28:08	00:57:11	01:27:47
8	Paul	Savage	627	04:27:11	M 40 - 44		1 Male		8 Manchester Triathlon Club		00:27:43	00:01:11	01:22:36	02:30:14	00:01:02	00:27:48	00:56:16	01:27:00
9	Mark	Redwood	664	04:27:28	M 40 - 44		2 Male		9		00:28:57	00:01:45	01:18:40	02:24:05	00:01:18	00:29:48	01:00:26	01:31:21
10	Ben	Webeck	210	04:29:16	M 35 - 39		2 Male		10 Abcpure		00:30:51	00:01:06	01:22:58	02:29:39	00:01:00	00:28:19	00:57:19	01:26:39
11	Ben	Terry	81	04:30:25	M 30 - 34		2 Male		11 RAF Triathlon		00:26:36	00:01:42	01:20:08	02:27:06	00:00:57	00:29:22	01:00:35	01:34:02
12	Daniel	Thorby	16	04:30:53	M 19 - 24		1 Male		12 Cambridge Triathlon Club		00:29:29	00:01:32	01:19:28	02:24:42	00:00:59	00:29:40	01:01:13	01:34:08
13	Catherine	Faux	1013	04:32:14	F 25 - 29		1 Female		1		00:29:29	00:01:34	01:21:57	02:30:02	00:01:32	00:29:32	00:59:07	01:29:36
14	Anael	Astic	235	04:32:59	M 25 - 29		4 Male		13 Serpentine RC		00:29:25	00:01:56	01:19:35	02:25:17	00:01:57	00:28:59	01:00:06	01:34:22
15	Andrew	Diplock	246	04:33:44	M 25 - 29		5 Male		14 Cambridge Triathlon Club		00:29:31	00:01:53	01:20:46	02:27:38	00:01:17	00:30:15	01:00:36	01:33:22
16	James	Nellany	265	04:33:49	M 25 - 29		6 Male		15 Ful-on Tri		00:30:57	00:01:43	01:24:24	02:32:58	00:01:34	00:28:44	00:57:11	01:26:35
17	Alan	Ward	83	04:34:41	M 30 - 34		3 Male		16 Tri Training Harder		00:29:55	00:01:16	01:19:04	02:22:23	00:01:04	00:31:12	01:04:14	01:40:00
18	Adam	Brittain	26	04:35:43	M 30 - 34		4 Male		17		00:34:08	00:01:17	01:23:32	02:31:32	00:01:37	00:27:55	00:56:51	01:27:08
19	Adam	Newns	68	04:38:37	M 30 - 34		5 Male		18 Royal Navy Triathlon		00:30:13	00:01:43	01:25:41	02:34:10	00:01:31	00:28:15	00:58:19	01:30:58
20	Maxine	Murray	703	04:38:53	RELAY		3 Male		19 "mermaid, Sç "Mermaid, Sç		00:34:45	00:01:13	01:23:12	02:36:35	00:00:53	00:27:40	00:56:11	01:25:24
21	Niall	Mccallum	594	04:39:52	M 40 - 44		3 Male		20		00:33:02	00:01:19	01:17:31	02:22:53	00:00:56	00:31:38	01:05:54	01:41:40
22	Adam	Wells	655	04:39:58	M 40 - 44		4 Male		21 Ely Tri Club		00:31:35	00:01:12	01:21:32	02:31:56	00:01:24	00:29:33	01:00:39	01:33:48
23	Joey	Mezzetti	711	04:40:05	RELAY		4 Male		22 Old Guys Ru Old Guys Ru		00:27:22	00:00:57	01:28:32	02:43:18	00:00:42	00:28:13	00:57:13	01:27:45
24	Stewart	Moore	264	04:40:44	M 25 - 29		7 Male		23 Manchester Triathlon Club		00:24:49	00:01:17	01:23:45	02:33:59	00:01:20	00:29:09	01:00:13	01:39:16
25	Matt	Ellis	126	04:40:54	M 35 - 39		3 Male		24 Tri-Anglia		00:29:55	00:01:12	01:19:22	02:24:49	00:01:39	00:30:30	01:02:50	01:43:18
26	Tom	Kingery	733	04:41:06	RELAY		5 Male		25 Beccles Triat Tom's Tri		00:31:29	00:00:52	01:23:58	02:37:35	00:00:55	00:29:19	00:59:08	01:30:12
27	Carl	James	570	04:44:03	M 40 - 44		5 Male		26		00:34:29	00:01:36	01:17:40	02:23:01	00:01:12	00:32:05	01:05:57	01:43:44
28	Chris	Reader	183	04:44:36	M 35 - 39		4 Male		27 Skegness Triathlon Club		00:34:40	00:01:40	01:23:42	02:31:46	00:01:16	00:30:42	01:02:05	01:35:12
29	Romain	Benvenuto	238	04:44:43	M 25 - 29		8 Male		28 Serpentine RC		00:30:49	00:02:02	01:23:17	02:32:58	00:01:09	00:29:34	01:02:15	01:37:42
30	Michael	Van Der Merwe	452	04:47:40	M 45 - 49		1 Male		29 Ely Tri Club		00:34:42	00:01:18	01:24:05	02:34:02	00:01:06	00:29:48	01:01:35	01:36:30
31	Daniel	Guppy	132	04:48:58	M 35 - 39		5 Male		30 King's Lynn Triathlon Club		00:36:45	00:01:45	01:28:13	02:40:59	00:02:07	00:29:22	00:58:30	01:27:19
32	Jake	Pye	270	04:49:24	M 25 - 29		9 Male		31 Tri Harder		00:34:03	00:01:31	01:24:40	02:34:26	00:01:37	00:30:35	01:02:40	01:37:45
33	Jason	Sklenar	433	04:50:29	M 45 - 49		2 Male		32		00:34:48	00:01:40	01:23:49	02:33:37	00:01:41	00:32:22	01:05:30	01:38:42
34	Roger	Canham	714	04:52:20	RELAY		6 Male		33 Pactrac Rutland Poss		00:34:35	00:01:26	01:32:11	02:48:53	00:00:53	00:27:55	00:56:57	01:26:31
35	Angus	Wilkinson	658	04:52:35	M 40 - 44		6 Male		34 Diss Cycling Club		00:34:49	00:02:17	01:22:27	02:31:33	00:01:19	00:31:54	01:04:34	01:42:36
36	Paul	Cassels	31	04:52:52	M 30 - 34		6 Male		35 RAF Triathlon		00:31:48	00:01:46	01:23:57	02:32:09	00:01:38	00:32:58	01:09:27	01:45:29
37	Callum	Mcpartlin	11	04:53:23	M 19 - 24		2 Male		36 Spalding Tri Club		00:30:34	00:01:18	01:23:09	02:31:43	00:00:56	00:34:28	01:11:38	01:48:50
38	Dominic	Masters	593	04:53:37	M 40 - 44		7 Male		37 Ful-on Tri		00:39:14	00:02:09	01:27:02	02:37:05	00:02:03	00:30:40	01:01:35	01:33:05
39	Thomas	Roche	272	04:53:53	M 25 - 29		10 Male		38 Lincoln Tri		00:33:52	00:01:21	01:27:07	02:40:06	00:02:10	00:31:36	01:03:48	01:36:22
40	Simon	Lloyd	587	04:54:46	M 40 - 44		8 Male		39 Belper 10:20		00:31:01	00:01:41	01:22:39	02:33:31	00:01:08	00:31:34	01:07:45	01:47:22
41	Simon	Quested	618	04:55:04	M 40 - 44		9 Male		40 Ashford Tri Club		00:34:07	00:01:59	01:26:00	02:37:58	00:01:43	00:32:00	01:05:08	01:39:14
42	Marc	Atkinson	1029	04:55:06	M 50 - 54		1 Male		41		00:31:57	00:02:31	01:25:42	02:38:06	00:01:10	00:32:38	01:06:40	01:41:19
43	Andrew	Dougan	332	04:55:15	M 45 - 49		3 Male		42		00:37:54	00:02:49	01:24:04	02:33:58	00:01:50	00:31:49	01:04:46	01:38:42
44	Laura	Fidler	778	04:55:17	F 30 - 34		1 Female		2 PREMIER TRI		00:36:48	00:01:15	01:21:44	02:30:49	00:01:12	00:34:03	01:09:13	01:45:12
45	Dave	Patmore - Hill	405	04:55:58	M 45 - 49		4 Male		43 Cambridge Triathlon Club		00:34:10	00:01:48	01:30:12	02:44:29	00:01:09	00:30:48	01:02:15	01:34:20
46	Alex	Bruce	4	04:56:15	M 19 - 24		3 Male		44 SPEEDHUB WOLFPACK		00:34:39	00:02:29	01:23:08	02:32:02	00:01:53	00:30:42	01:07:07	01:45:10
47	Martin	Ball	97	04:56:33	M 35 - 39		6 Male		45 Louth Triathlon Club		00:31:34	00:01:15	01:27:55	02:40:03	00:00:57	00:30:38	01:05:30	01:42:43
48	Giles	Cooper	707	04:56:39	RELAY		7 Male		46 Pactrac MSG		00:33:54	00:01:02	01:27:27	02:41:26	00:00:48	00:32:56	01:06:01	01:39:27
49	Zoe	Smith	798	04:56:55	F 30 - 34		2 Female		3 Rutland Running & Triathlc		00:32:59	00:01:59	01:33:55	02:48:31	00:01:13	00:29:56	01:00:47	01:32:11
50	Paul	Thorby	1141	04:56:58	M 50 - 54		2 Male		47 Cambridge Triathlon Club		00:32:45	00:02:42	01:25:58	02:36:43	00:01:28	00:33:22	01:08:01	01:43:17
51	Christopher	Potter	269	04:57:14	M 25 - 29		11 Male		48 Team Aero Win		00:31:53	00:02:13	01:20:36	02:25:40	00:01:45	00:36:11	01:15:32	01:55:41
52	Gemma	Frost	779	04:57:32	F 30 - 34		3 Female		4		00:31:16	00:01:21	01:26:12	02:40:05	00:01:51	00:32:50	01:07:02	01:42:56
53	Matt	Naylor	700	04:58:08	RELAY		8 Male		49 Lincolnshire		00:34:34	00:01:12	01:23:58	02:33:17	00:00:49	00:32:57	01:08:14	01:48:14
54	Bryan	Donnelly	533	04:58:31	M 40 - 44		10 Male		50 Bromley & Blackheath Har		00:32:16	00:02:01	01:28:28	02:43:06	00:01:26	00:31:28	01:04:02	01:39:39
55	John	Jacobs	146	04:58:35	M 35 - 39		7 Male		51 Tri-Anglia		00:34:28	00:01:38	01:27:12	02:40:23	00:01:02	00:32:18	01:06:01	01:41:02
56	Richard	Newell	397	04:58:42	M 45 - 49		5 Male		52 53-12		00:32:19	00:01:41	01:28:07	02:40:02	00:01:14	00:33:01	01:07:25	01:43:23
57	Tom	Curtis	523	04:58:46	M 40 - 44		11 Male		53		00:32:54	00:01:28	01:29:46	02:43:24	00:01:18	00:32:52	01:06:38	01:39:39
58	Tim	Carman	309	04:59:00	M 45 - 49		6 Male		54 FLEET TRI		00:33:25	00:01:59	01:25:09	02:34:09	00:01:56	00:32:33	01:08:18	01:47:31
59	James	Ashton	21	04:59:19	M 30 - 34		7 Male		55 Tri-Anglia		00:37:18	00:02:27	01:32:14	02:50:03	00:01:56	00:27:16	00:56:22	01:27:33
60	Jamie	Sparrow	639	04:59:39	M 40 - 44		12 Male		56 King's Lynn Triathlon Club		00:35:39	00:01:20	01:29:02	02:40:31	00:01:24	00:31:25	01:03:56	01:40:44
61	Patrick	Hannah	251	04:59:49	M 25 - 29		12 Male		57 Serpentine RC		00:34:11	00:02:03	01:27:36	02:41:43	00:02:15	00:31:25	01:04:21	01:39:36
62	Petr	Martinovsky	591	05:00:05	M 40 - 44		13 Male		58 Bats		00:31:36	00:01:59	01:28:33	02:40:50	00:01:43	00:33:21	01:08:31	01:43:55
63	Sharon	Hurren	698	05:00:09	RELAY		9 Male		59 Tri-Anglia Hurren Team		00:37:45	00:01:09	01:26:34	02:36:57	00:00:58	00:32:56	01:06:36	01:43:18
64	James	Drake	125															


71	Stuart	Clark	312	05:02:17	M 45 - 49	8	Male	66	Medway Tri	00:33:54	00:02:24	01:27:01	02:39:31	00:02:30	00:35:16	01:10:11	01:43:56
72	Paul	Deasy	526	05:03:15	M 40 - 44	14	Male	67		00:32:43	00:02:24	01:30:57	02:45:59	00:02:39	00:33:34	01:06:44	01:39:28
73	Steffan	Ford	543	05:03:17	M 40 - 44	15	Male	68	Freedom Tri	00:33:35	00:01:43	01:26:13	02:39:25	00:01:53	00:33:36	01:08:12	01:46:39
74	Lee	Ornsby	71	05:03:33	M 30 - 34	9	Male	69	Lincsquad	00:39:21	00:01:40	01:32:24	02:46:36	00:01:06	00:32:07	01:03:25	01:34:48
75	Joseph	Green	1175	05:04:16	M 55 - 59	1	Male	70		00:39:38	00:02:40	01:23:55	02:35:52	00:03:45	00:32:41	01:06:34	01:42:19
76	Gary	Ridgeway	1118	05:04:18	M 50 - 54	4	Male	71	Teammanvers	00:29:52	00:02:12	01:29:52	02:48:33	00:01:42	00:32:25	01:06:35	01:41:58
77	Alan	Bird	694	05:04:24	RELAY	10	Male	72	Fenland Runi	00:37:05	00:01:25	01:27:35	02:42:16	00:00:56	00:31:35	01:07:26	01:42:39
78	Nick	Saffell	192	05:05:04	M 35 - 39	11	Male	73	Cambridge University Triat	00:37:26	00:03:30	01:30:01	02:45:16	00:02:00	00:31:45	01:04:03	01:36:50
79	James	Calvert	705	05:05:33	RELAY	11	Male	74	MLM Sonics	00:54:01	00:01:11	01:29:43	02:43:35	00:00:53	00:26:38	00:55:06	01:25:51
80	Brendan	Kennedy	60	05:06:01	M 30 - 34	10	Male	75	Manchester Triathlon Club	00:34:20	00:01:25	01:30:52	02:47:28	00:01:23	00:31:16	01:04:47	01:41:23
81	Robin	Brookes	1156	05:06:16	M 55 - 59	2	Male	76	Pactrac	00:34:31	00:02:24	01:27:32	02:41:21	00:01:42	00:33:03	01:08:29	01:46:17
82	Robert	Kett	579	05:06:24	M 40 - 44	16	Male	77		00:36:13	00:04:07	01:31:02	02:47:32	00:02:16	00:32:06	01:04:21	01:36:14
83	Javier	Cabrero	243	05:06:34	M 25 - 29	13	Male	78	Absolute Triathlon Club	00:30:55	00:01:35	01:28:32	02:45:09	00:01:40	00:32:46	01:08:41	01:47:14
84	Tom	Pullinger	414	05:07:06	M 45 - 49	9	Male	79	Bungay Black Dog Rc	00:34:51	00:02:31	01:28:50	02:40:57	00:01:15	00:34:09	01:09:05	01:47:30
85	Marcus	Hawkins	706	05:07:17	RELAY	12	Male	80	MnMnM	00:35:45	00:01:15	01:31:40	02:57:20	00:00:54	00:29:46	00:59:59	01:32:01
86	Robert	Harper	48	05:07:26	M 30 - 34	11	Male	81	Bingham Tri Club	00:34:11	00:02:06	01:31:59	02:47:27	00:01:44	00:33:14	01:06:18	01:41:56
87	Andrew	Hart	136	05:07:27	M 35 - 39	12	Male	82		00:37:41	00:02:00	01:31:11	02:47:13	00:01:09	00:32:25	01:06:17	01:39:23
88	Christian	Knappe	153	05:07:40	M 35 - 39	13	Male	83	Amager Triathlon Klub	00:36:19	00:02:48	01:26:54	02:39:17	00:02:57	00:34:07	01:09:44	01:46:17
89	Chris	Bradford	241	05:08:15	M 25 - 29	14	Male	84	Beccles Triathlon Club	00:34:07	00:01:34	01:28:40	02:44:31	00:01:33	00:33:37	01:09:06	01:46:29
90	Gary	Goacher	1067	05:08:15	M 50 - 54	5	Male	85	Psuk	00:35:42	00:01:37	01:24:19	02:34:46	00:01:26	00:36:43	01:15:21	01:54:42
91	Mr O L	Marsden	161	05:08:32	M 35 - 39	14	Male	86	Tri-Anglia	00:41:14	00:03:33	01:27:11	02:40:08	00:02:02	00:32:16	01:06:29	01:41:33
92	Jonathan	Cordle	1046	05:08:58	M 50 - 54	6	Male	87	Tri-Anglia	00:34:12	00:03:09	01:29:36	02:44:02	00:02:15	00:32:23	01:07:33	01:45:18
93	Tim	Sacks	625	05:09:35	M 40 - 44	17	Male	88	Stamford Tri Club	00:34:47	00:02:22	01:28:08	02:39:58	00:01:56	00:35:53	01:13:17	01:50:31
94	Nick	Folland	1062	05:10:11	M 50 - 54	7	Male	89		00:37:54	00:03:02	01:33:07	02:46:35	00:01:26	00:31:59	01:05:53	01:41:11
95	Ade	Grimmond	1176	05:10:17	M 55 - 59	3	Male	90	Medway Tri	00:29:52	00:01:43	01:26:26	02:39:08	00:01:35	00:36:30	01:15:22	01:57:58
96	John	Collins	114	05:11:13	M 35 - 39	15	Male	91	Tri-Surrey	00:42:09	00:01:26	01:30:30	02:43:36	00:01:25	00:33:48	01:07:57	01:42:35
97	Nicky	Roger	952	05:11:15	F 45 - 49	1	Female	6	King's Lynn Triathlon Club	00:36:00	00:02:49	01:36:06	02:53:50	00:01:18	00:32:12	01:04:41	01:37:16
98	Louise	Marsden	729	05:11:18	RELAY	13	Male	92	The Prosecco	00:31:20	00:01:25	01:32:29			00:34:06	01:09:50	01:46:20
99	Dave	Gray	552	05:11:23	M 40 - 44	18	Male	93	The Triathlon Shop Bristol	00:36:34	00:02:04	01:31:03	02:47:19	00:01:40	00:33:02	01:07:21	01:43:45
100	Kelvin	Amos	1155	05:11:53	M 55 - 59	4	Male	94	newcastle tri club	00:39:48	00:02:57	01:27:11	02:39:09	00:01:46	00:34:16	01:10:12	01:48:11
101	Peter	Cottington	1047	05:12:12	M 50 - 54	8	Male	95	T2Coaching	00:41:11	00:01:27	01:27:28	02:39:39	00:01:30	00:35:06	01:10:49	01:48:22
102	Tom	Crawford	7	05:12:22	M 19 - 24	4	Male	96	Bath Uni	00:34:17	00:02:36	01:29:07	02:44:26	00:01:11	00:32:14	01:09:30	01:49:50
103	James	Crawford	1049	05:12:31	M 50 - 54	9	Male	97		00:34:09	00:02:48	01:27:32	02:41:27	00:01:28	00:36:38	01:13:49	01:52:37
104	Colin	Clayton	313	05:12:36	M 45 - 49	10	Male	98	Wakefield Triathlon Club	00:38:13	00:03:34	01:26:33	02:37:29	00:03:10	00:35:08	01:11:30	01:50:09
105	Mark	Sempers	631	05:12:38	M 40 - 44	19	Male	99	Ful-on Tri	00:29:26	00:02:27	01:29:26	02:42:48	00:01:22	00:35:18	01:10:42	01:49:00
106	Matthew	Wragg	87	05:12:39	M 30 - 34	12	Male	100		00:30:09	00:02:44	01:33:26	02:51:50	00:02:51	00:38:09	01:11:00	01:45:03
107	Rob	Riekie	1119	05:12:43	M 50 - 54	10	Male	101	Team Mk	00:39:05	00:02:40	01:29:05	02:43:34	00:01:14	00:33:17	01:09:00	01:46:08
108	Nathan	Scarlett	193	05:12:48	M 35 - 39	16	Male	102	Sheffield Tri Club	00:39:19	00:01:53	01:30:38	02:37:38	00:02:06	00:35:53	01:13:52	01:51:50
109	Chris	Light	1088	05:13:28	M 50 - 54	11	Male	103		00:31:25	00:01:29	01:29:34	02:45:47	00:01:28	00:34:42	01:12:48	01:53:17
110	Rebecca	Layland	761	05:13:50	F 25 - 29	2	Female	7	Team Aero Win	00:34:12	00:01:55	01:31:35	02:48:59	00:01:19	00:33:43	01:08:35	01:47:22
111	Emily	Roper	845	05:14:02	F 35 - 39	1	Female	8		00:31:20	00:02:13	01:32:24	02:50:28	00:01:38	00:33:25	01:09:32	01:48:21
112	Mark	Hudson	1182	05:14:25	M 55 - 59	5	Male	104	Long Eaton Triathlon Club	00:36:05	00:03:03	01:27:28	02:42:24	00:02:24	00:35:35	01:12:15	01:50:27
113	Steve	Almond	1027	05:14:28	M 50 - 54	12	Male	105	Preston/Leeds Bradford	00:39:26	00:04:09	01:26:44	02:41:02	00:01:41	00:33:35	01:09:52	01:48:08
114	Tracy	Farr	682	05:14:32	RELAY	14	Male	106	Fenland Runi BET ON FEN	00:35:59	00:01:12	01:29:22	02:43:37	00:01:03	00:36:40	01:14:19	01:52:38
115	Dave	Tilley	203	05:14:55	M 35 - 39	17	Male	107		00:39:11	00:01:55	01:27:04	02:42:41	00:02:37	00:34:09	01:10:08	01:48:29
116	Hannah	Cooke	814	05:14:59	F 35 - 39	2	Female	9	Cambridge Triathlon Club	00:32:42	00:01:53	01:37:43	02:56:00	00:01:51	00:33:03	01:07:38	01:42:31
117	Lindsay	Scott	795	05:15:05	F 30 - 34	5	Female	10	Northants Tri	00:32:39	00:01:55	01:35:19	02:52:39	00:01:05	00:36:51	01:12:11	01:46:46
118	Graham	Chapman	1238	05:15:15	M 60 - 64	1	Male	108		00:38:02	00:02:34	01:26:39	02:40:29	00:01:15	00:35:11	01:13:33	01:52:54
119	Craig	Mcgregor	162	05:15:17	M 35 - 39	18	Male	109		00:34:44	00:02:10	01:34:21	02:52:54	00:01:36	00:34:29	01:10:09	01:43:51
120	Scott	Williams	283	05:15:24	M 25 - 29	15	Male	110	Stowmarket Striders	00:42:20	00:02:28	01:28:49	02:42:58	00:02:01	00:32:27	01:06:21	01:45:34
121	Rekha	Ravichandran	842	05:15:34	F 35 - 39	3	Female	11	Les Brutelles	00:35:33	00:02:25	01:31:25	02:48:21	00:01:41	00:34:51	01:10:14	01:47:32
122	Calum	Adderley	1	05:15:50	M 19 - 24	5	Male	111		00:36:51	00:03:01	01:34:10	02:57:25	00:01:26	00:30:59	01:03:06	01:37:05
123	Hannah	Naylor	765	05:16:01	F 25 - 29	3	Female	12	West Suffolk Wheelers & T	00:35:47	00:01:41	01:33:22	02:52:11	00:01:18	00:32:31	01:07:59	01:45:02
124	Stuart	Davis	717	05:16:17	RELAY	15	Male	112	King's Lynn T snettisham d	00:37:53	00:01:20	01:32:36	02:50:03	00:01:00	00:34:26	01:09:40	01:45:59
125	Graham	Pigg	1109	05:16:22	M 50 - 54	13	Male	113		00:34:58	00:04:45	01:29:03	02:45:03	00:03:04	00:35:22	01:11:42	01:48:30
126	Roland	Shaw	1221	05:16:33	M 60 - 64	2	Male	114	Tri-Anglia	00:37:31	00:01:44	01:27:53	02:45:17	00:01:26	00:35:56	01:12:28	01:50:32
127	Steven	Braithwaite	103	05:16:34	M 35 - 39	19	Male	115		00:29:45	00:01:53	01:33:27	02:47:46	00:01:34	00:35:51	01:14:25	01:55:34
128	Paul	Gardner	546	05:16:34	M 40 - 44	20	Male	116		00:37:51	00:03:17	01:29:37	02:45:03	00:01:35	00:35:07	01:11:19	01:48:46
129	Duncan	Samwell	626	05:17:07	M 40 - 44	21	Male	117	Tri-Anglia	00:36:02	00:01:47	01:33:03	02:50:01	00:03:05	00:33:04	01:07:50	01:46:10
130	Christopher	Gibbins	468	05:17:16	M 45 - 49	11	Male	118		00:49:21	00:01:35	01:31:44	02:51:51	00:01:11	00:29:42	01:00:16	01:33:16
131	Mark	Cox	34	05:17:26	M 30 - 34	13	Male	119	Leeds & Bradford Tri Club	00:37:39	00:01:55	01:26:18	02:37:15	00:01:49	00:36:15	01:15:28	01:58:46
132	Alex	Bump	307	05:17:27	M 45 - 49	12	Male	120	Ful-on Tri	00:36:19	00:01:54	01:32:43	02:49:31	00:02:08	00:34:24	01:11:38	01:47:33
133	Dave	Lumby	1187	05:17:56	M 55 - 59	6	Male	121	Ipswich Tri Club	00:41:13	00:04:27	01:29:51	02:48:14	00:01:28	00:34:44	01:08:51	01:42:33
134	John	Hudson	51	05:17:57	M 30 - 34	14	Male	122		00:34:07	00:02:23	01:34:56	02:54:57	00:02:02	00:33:59	01:08:39	01:44:25
135	Marcus	Nichols	608	05:18:20	M 40 - 44	22	Male	123	Bungay Black Dog Rc	00:31:25	00:02:32	01:30:36	02:43:18	00:01:59	00:36:18	01:14:28	01:59:05
136	Stuart																



146 Pauline	Boyd	702 05:20:20	RELAY	16 Male	132	MARCH AC	00:01:10	01:24:45	02:36:37	00:01:06	00:35:18	01:12:21	01:52:18	
147 Richard	Ebbs	333 05:20:29	M 45 - 49	16 Male	133		00:02:52	01:31:54	02:51:02	00:04:20	00:32:26	01:06:01	01:38:49	
148 Steve	Hunter	1183 05:20:36	M 55 - 59	7 Male	134	Ocean Lake Triathlon Club	00:35:02	00:02:28	01:31:09	02:47:30	00:01:22	00:37:36	01:14:58	01:54:12
149 Rory	Suckling	441 05:20:57	M 45 - 49	17 Male	135	53-12	00:35:55	00:03:38	01:37:00	02:56:43	00:02:13	00:32:25	01:06:31	01:42:26
150 David	Oreja Piris	70 05:21:02	M 30 - 34	15 Male	136		00:34:42	00:01:59	01:37:51	02:59:50	00:01:05	00:32:26	01:06:58	01:43:24
151 John	Scott	1127 05:21:11	M 50 - 54	14 Male	137		00:36:17	00:02:08	01:28:16	02:44:16	00:02:11	00:37:11	01:16:41	01:56:16
152 James	Sampson	716 05:21:31	RELAY	17 Male	138	sampson	00:46:06	00:01:25	01:24:48	02:37:51	00:01:02	00:34:18	01:12:08	01:55:05
153 Richard	Parnell	713 05:21:46	RELAY	18 Male	139	RRM 3 sum	00:32:22	00:01:12	01:32:41	02:50:30	00:00:49	00:34:32	01:14:08	01:56:51
154 Davina	Greenwell	740 05:21:46	RELAY	19 Male	140	Davina's Tea	00:35:02	00:01:25		03:05:53	00:01:01	00:31:00	01:03:15	01:38:23
155 Eric	Hall	1239 05:21:53	M 55 - 59	8 Male	141	north devon triathletes	00:41:07	00:02:30	01:31:16	02:46:13	00:01:23	00:35:15	01:12:49	01:50:37
156 Tim	Yemm	219 05:22:00	M 35 - 39	21 Male	142		00:38:53	00:02:49	01:26:55	02:39:36	00:02:35	00:34:54	01:13:44	01:58:05
157 Mark	Wheeler	460 05:22:03	M 45 - 49	18 Male	143	Skegness Triathlon Club	00:38:23	00:01:31	01:29:08	02:45:23	00:02:03	00:34:59	01:12:50	01:54:41
158 Matthew	Spillman	1133 05:22:27	M 50 - 54	15 Male	144	Tri-Anglia	00:31:10	00:02:26	01:26:38	02:40:02	00:02:56	00:36:36	01:18:35	02:05:50
159 Vicky	Jowett	784 05:22:29	F 30 - 34	6 Female	15		00:37:14	00:02:31	01:30:51	02:47:03	00:02:55	00:37:57	01:15:28	01:52:45
160 Simon	Smith	224 05:22:33	M 30 - 34	16 Male	145		00:43:29	00:01:56	01:28:44	02:45:40	00:02:49	00:33:29	01:09:50	01:48:38
161 Matthew	Miller	262 05:22:38	M 25 - 29	17 Male	146	Rugby Triathlon Club	00:33:48	00:02:21	01:33:50	02:54:07	00:01:55	00:34:27	01:09:57	01:50:25
162 Holmes	Jane	719 05:22:40	RELAY	20 Male	147	Whizzy tri clu Team Grit	00:34:32	00:01:13	01:35:30	02:59:37	00:01:00	00:33:24	01:09:39	01:46:16
163 Bill	Smith	435 05:22:49	M 45 - 49	19 Male	148	East Essex Triathlon Club	00:34:20	00:01:48	01:28:46	02:46:18	00:01:24	00:37:14	01:16:55	01:58:57
164 Zoe	Catchpole	866 05:22:49	F 40 - 44	1 Female	16	Triathlon Europe	00:32:54	00:03:12	01:32:50	02:48:44	00:02:04	00:36:57	01:15:32	01:55:53
165 Gareth	Walker	654 05:22:59	M 40 - 44	26 Male	149	Tri-Anglia	00:31:09	00:02:12	01:30:28	02:48:26	00:02:18	00:36:55	01:19:35	01:58:51
166 Steven	Georgiadis	1066 05:23:01	M 50 - 54	16 Male	150		00:39:36	00:02:52	01:33:08	02:54:42	00:01:38	00:32:42	01:06:49	01:44:12
167 Ally	Jarvis	147 05:23:15	M 35 - 39	22 Male	151		00:44:36	00:02:18	01:32:18	02:49:10	00:01:42	00:34:06	01:09:04	01:45:27
168 Ian	Joyce	1084 05:23:16	M 50 - 54	17 Male	152	Bedford Harriers	00:41:14	00:03:01	01:28:16	02:44:36	00:01:48	00:35:43	01:13:00	01:52:35
169 Melissa	Denman	758 05:23:20	F 25 - 29	5 Female	17	Broxtove Triathlon Club	00:36:34	00:01:49	01:28:35	02:43:15	00:01:13	00:38:57	01:18:41	02:00:27
170 Richard	Thornton	448 05:23:26	M 45 - 49	20 Male	153	Hong Kong Dragons	00:36:22	00:03:07	01:31:33	02:49:47	00:03:05	00:35:04	01:12:34	01:51:03
171 James	Chapman	5 05:23:35	M 19 - 24	6 Male	154	Tri-Anglia	00:36:11	00:01:15	01:25:44	02:40:16	00:01:37	00:36:18	01:20:10	02:04:14
172 Edward	Wagener	220 05:24:03	M 35 - 39	23 Male	155		00:36:48	00:02:30	01:31:41	02:49:32	00:03:13	00:34:24	01:11:31	01:51:58
173 Jon	Archer	288 05:24:32	M 45 - 49	21 Male	156		00:37:14	00:02:00	01:30:19	02:48:35	00:02:01	00:35:16	01:13:40	01:54:40
174 Peter	Tuttle	1144 05:24:34	M 50 - 54	18 Male	157		00:40:14	00:01:53	01:30:22	02:47:46	00:01:33	00:33:59	01:10:54	01:53:05
175 Stephen	Baife	96 05:24:40	M 35 - 39	24 Male	158	Tri-Anglia	00:40:41	00:02:09	01:37:47	02:58:50	00:02:15	00:31:16	01:03:59	01:40:44
176 Ryan	Shiel	14 05:24:52	M 19 - 24	7 Male	159	Tri Northumberland	00:29:39	00:01:35	01:26:20	02:34:46	00:02:00	00:44:24	01:29:32	02:16:51
177 Jake	Clover	6 05:24:53	M 19 - 24	8 Male	160	Ipswich Tri Club	00:34:14	00:02:12	01:30:00	02:46:33	00:02:51	00:36:29	01:16:04	01:59:01
178 Nicky	Bennett	861 05:25:00	F 40 - 44	2 Female	18	West Suffolk Wheelers & T	00:37:37	00:02:42	01:40:32	03:04:02	00:01:35	00:30:57	01:03:55	01:39:01
179 Kathryn	Roberts	844 05:25:29	F 35 - 39	5 Female	19	Possibility Race Team	00:35:45	00:02:16	01:32:39	02:51:41	00:03:07	00:36:45	01:14:36	01:52:38
180 Kevin	Murphy	605 05:25:30	M 40 - 44	27 Male	161		00:44:25	00:03:54	01:32:19	02:53:14	00:02:56	00:29:29	01:01:53	01:41:00
181 Andrew	Jones	369 05:25:54	M 45 - 49	22 Male	162	Ashford Tri Club	00:42:49	00:02:27	01:33:00	02:49:21	00:01:08	00:35:38	01:12:24	01:50:08
182 Adrian	Barrell	1033 05:25:58	M 50 - 54	19 Male	163	Broxtove Triathlon Club	00:38:15	00:03:29	01:33:32	02:56:30	00:01:24	00:34:06	01:09:30	01:46:18
183 Dana	Sweeney	800 05:27:00	F 30 - 34	7 Female	20	Clapham Chasers	00:35:27	00:01:55	01:33:26	02:48:57	00:01:50	00:39:17	01:18:01	01:58:48
184 Ged	Equi	337 05:27:08	M 45 - 49	23 Male	164		00:40:58	00:04:10	01:35:08	02:53:28	00:04:04	00:33:56	01:09:01	01:44:27
185 Beth	Wilnot	854 05:27:16	F 35 - 39	6 Female	21		00:39:22	00:01:53	01:32:26	02:49:58	00:01:50	00:36:30	01:14:21	01:54:10
186 Myles	Gibson	250 05:27:20	M 25 - 29	18 Male	165		00:30:23	00:02:30	01:33:44	02:54:26	00:01:33	00:36:44	01:15:55	01:58:26
187 Steve	Ely	336 05:27:25	M 45 - 49	24 Male	166	Tri-Anglia	00:40:55	00:03:36	01:37:40	03:04:26	00:04:39	00:29:20	00:59:57	01:33:47
188 Chris	Hill	358 05:27:28	M 45 - 49	25 Male	167		00:47:36	00:02:48	01:30:40	02:45:29	00:01:23	00:34:44	01:10:46	01:50:09
189 Martin	Harkus	134 05:27:42	M 35 - 39	25 Male	168		00:40:52	00:01:17	01:28:54	02:47:20	00:01:17	00:35:39	01:14:47	01:56:54
190 Mark	Hunter	568 05:27:46	M 40 - 44	28 Male	169		00:35:20	00:02:43	01:31:45	02:51:01	00:01:48	00:36:45	01:15:27	01:56:52
191 Sarah	Hutchinson	887 05:27:48	F 40 - 44	3 Female	22	MANSFIELD TRI CLUB	00:33:32	00:02:25	01:39:08	03:02:17	00:01:48	00:34:35	01:10:48	01:47:44
192 Daniel	Simmons	76 05:27:50	M 30 - 34	17 Male	170		00:41:34	00:03:04	01:33:41	02:52:47	00:02:05	00:34:48	01:10:24	01:48:18
193 Jason	Lee	586 05:27:58	M 40 - 44	29 Male	171	Bedford Harriers	00:37:39	00:03:45	01:32:29	02:48:04	00:01:46	00:38:24	01:16:57	01:56:41
194 Shaun	Baife	738 05:27:58	RELAY	21 Male	172	Selaforad Tri3 Shaun's Tear	00:45:27	00:01:35	01:25:50	02:38:12	00:00:55	00:37:29	01:17:05	02:01:47
195 Mick	Cairns	1159 05:28:07	M 55 - 59	9 Male	173	Lftc	00:36:43	00:03:42	01:35:43	02:56:08	00:02:26	00:36:08	01:12:53	01:49:06
196 Matthew	Pachent	404 05:28:16	M 45 - 49	26 Male	174		00:40:33	00:02:37	01:33:51	02:56:40	00:01:57	00:33:39	01:08:44	01:46:26
197 Edward	Seaton	630 05:28:16	M 40 - 44	30 Male	175	Team Nagi	00:37:44	00:03:20	01:33:58	02:49:28	00:02:20	00:37:14	01:15:09	01:55:22
198 Rebecca	Lineker	762 05:28:36	F 25 - 29	6 Female	23	Belper 10:20	00:35:45	00:01:19	01:30:31	02:47:08	00:01:28	00:38:05	01:20:19	02:02:53
199 Chris	Milne	1190 05:28:36	M 55 - 59	10 Male	176	East Essex Triathlon Club	00:41:43	00:02:52	01:30:54	02:49:05	00:01:58	00:36:42	01:14:59	01:52:56
200 Warwick	Anderson	287 05:28:39	M 45 - 49	27 Male	177									
201 Daniel	Gillert	549 05:28:41	M 40 - 44	31 Male	178		00:38:51	00:04:20	01:34:44	02:52:11	00:03:38	00:35:20	01:12:09	01:49:39
202 Lee	Kennedy	61 05:28:59	M 30 - 34	18 Male	179		00:44:13	00:01:33	01:26:42	02:39:14	00:01:32	00:35:23	01:17:53	02:02:25
203 Philip	Bellamy	295 05:29:03	M 45 - 49	28 Male	180	4LIFE TRI CLUB	00:32:17	00:04:03	01:38:32	02:59:43	00:03:11	00:34:32	01:12:42	01:49:47
204 David	Manning-Ohren	381 05:29:03	M 45 - 49	29 Male	181	4LIFE TRI CLUB	00:34:53	00:02:59	01:33:44	02:49:43	00:02:27	00:38:16	01:18:00	01:59:00
205 Teresa	Harman	709 05:29:08	RELAY	22 Male	182	TriHarman NorfolkandCl	00:34:44	00:01:37	01:31:29	02:50:47	00:01:04	00:40:07	01:20:17	02:00:55
206 Philip	Johnston-Davis	573 05:29:19	M 40 - 44	32 Male	183	RAF Triathlon	00:43:24	00:03:50	01:34:06	02:52:37	00:02:38	00:35:32	01:11:12	01:46:47
207 David Alexander	Grant	44 05:29:24	M 30 - 34	19 Male	184		00:47:44	00:02:19	01:39:03	03:04:03	00:02:47	00:30:25	01:01:01	01:32:27
208 Ben	Johnson	56 05:29:27	M 30 - 34	20 Male	185		00:53:30	00:04:25	01:26:37	02:40:14	00:02:28	00:34:32	01:10:21	01:48:49
209 Danny	Brooks	500 05:29:38	M 40 - 44	33 Male	186		00:43:52	00:02:16	01:30:11	02:44:57	00:02:23	00:38:11	01:17:53	01:56:08
210 Brian	Shiel	1129 05:29:43	M 50 - 54	20 Male	187	Tri Northumberland	00:39:38	00:01:32	01:30:02	02:46:23	00:02:04	00:37:59	01:17:49	02:00:04
211 Steven	Knight	63 05:29:45	M 30 - 34	21 Male	188		00:43:50	00:03:37	01:34:41	02:57:35	00:02:42	00:32:29	01:06:54	01:41:59
212 Paul	Dickens	1167 05:30:10	M 55 - 59	11 Male	189		00:37:11	00:03:19	01:34:56	02:55:30	00:03:05	00:34:05	01:10:42	01:51:04
213 Kevin	Marshall	1096 05:30:12	M 50 - 54	21 Male	190		00:47:12	00:03:07	01:39:32	03:01:06	00:02:16	00:31:43	01:04:12	01:36:30
214 Dale	Skoulding	198 05:30:14	M 35 - 39	26 Male	191	Bungay Black Dog Rc	00:39:14	00:02:01	01:29:31	02:45:38	00:01:09	00:36:21	01:16:53	02:02:10
215 Shane	Owen	175 05:30:37	M 35 - 39	27 Male	192	Rugby Triathlon Club	00:39:22	00:02:21	01:30:35	02:48:16	00:02:25	00:35:34	01:14:27	01:58:10
216 Steven	Hill	1073 05:31:07	M 50 - 54	22 Male	193	north devon triathletes	00:35:08	00:02:44	01					



221 Sean	Holt	361 05:31:40	M 45 - 49	33 Male	198 Tri-Anglia	00:37:57	00:01:58	01:35:45	02:55:09	00:01:27	00:35:33	01:13:56	01:55:07
222 Mark	Dixon	531 05:31:42	M 40 - 44	34 Male	199 Tri-Anglia	00:36:44	00:02:49	01:34:26	02:54:46	00:02:52	00:37:22	01:15:05	01:54:28
223 Simon	Hattan	1071 05:32:02	M 50 - 54	24 Male	200 Triathlon Europe	00:35:09	00:02:27	01:30:37	02:47:50	00:01:37	00:37:47	01:22:04	02:04:58
224 Daren	Allen	1026 05:32:05	M 50 - 54	25 Male	201 Ipswich Tri Club	00:37:36	00:04:11	01:34:23	02:54:32	00:02:28	00:36:06	01:13:52	01:53:17
225 Bryn	Williams	1152 05:32:08	M 50 - 54	26 Male	202 Tri-Anglia	00:36:40	00:02:52	01:33:29	02:54:24	00:01:51	00:36:52	01:15:59	01:56:20
226 Jane	Hannah	822 05:32:10	F 35 - 39	7 Female	24 Bungay	00:39:55	00:02:27	01:35:25	02:55:20	00:01:26	00:36:30	01:14:04	01:53:00
227 Wes	Hornigold	140 05:32:21	M 35 - 39	28 Male	203	00:33:28	00:02:12	01:37:15	03:00:28	00:01:49	00:37:28	01:15:19	01:54:23
228 Chris	Trzcinski	1202 05:32:59	M 55 - 59	12 Male	204 CHARNWOOD TRIATHLC	00:41:18	00:02:15	01:28:50	02:44:07	00:02:56	00:38:27	01:19:12	02:02:21
229 Chris	Ling	1089 05:33:09	M 50 - 54	27 Male	205	00:40:44	00:04:12	01:31:49	02:52:14	00:02:42	00:35:39	01:13:30	01:53:14
230 Kevin	Short	1196 05:33:16	M 55 - 59	13 Male	206	00:41:05	00:02:39	01:32:02	02:50:24	00:01:29	00:35:25	01:14:31	01:57:37
231 Darren	Sharman	632 05:33:18	M 40 - 44	35 Male	207 West Suffolk Wheelers & T	00:40:08	00:02:51	01:29:14	02:44:48	00:01:15	00:35:55	01:18:37	02:04:15
232 Mr Dp	Hodbod	252 05:33:28	M 25 - 29	19 Male	208	00:39:20	00:02:16	01:32:47	02:51:59	00:01:27	00:35:36	01:14:23	01:58:23
233 Ian	Vanbattum	653 05:33:33	M 40 - 44	36 Male	209	00:34:57	00:02:33	01:28:36	02:45:55	00:02:21	00:37:55	01:19:10	02:07:45
234 Eric	Delmont	328 05:33:45	M 45 - 49	34 Male	210 Wakefield Triathlon Club	00:38:41	00:02:15	01:34:11	02:52:19	00:03:50	00:37:15	01:16:17	01:56:38
235 Jim	Herbert	1072 05:33:47	M 50 - 54	28 Male	211 Portsmouth Triathletes	00:42:27	00:04:43	01:33:04	02:51:11	00:02:30	00:36:49	01:14:13	01:52:54
236 Russell	Vanhinsbergh	279 05:33:50	M 25 - 29	20 Male	212 Tri-Anglia	00:33:24	00:02:54	01:33:42	02:57:13	00:01:50	00:35:39	01:15:40	01:58:26
237 Justin	Morfoot	602 05:33:54	M 40 - 44	37 Male	213	00:37:49	00:04:02	01:35:48	02:55:11	00:01:55	00:36:00	01:15:45	01:54:55
238 Sarah	Dowling	927 05:34:00	F 45 - 49	2 Female	25 Greenwich Tritons	00:36:06	00:01:46		02:57:53	00:02:22	00:34:49	01:12:51	01:55:51
239 James	Walsgrove	208 05:34:01	M 35 - 39	29 Male	214 Tri Harder	00:39:58	00:01:55	01:28:12	02:41:55	00:03:30	00:37:55	01:19:13	02:06:41
240 Paul	Quirk	415 05:34:03	M 45 - 49	35 Male	215 Tri Team Wessex	00:36:24	00:03:22	01:35:00	02:53:57	00:03:11	00:36:29	01:14:43	01:57:08
241 Francesca	Hall	754 05:34:12	F 19 - 24	1 Female	26 Loughborough Students	00:44:39	00:02:40	01:38:50	02:57:39	00:01:18	00:34:14	01:11:23	01:47:54
242 Abigail	Brockwell	678 05:34:15	RELAY	23 Male	216 Abigail's Tear	00:44:31	00:02:03	01:34:02	02:56:12	00:01:45	00:36:07	01:11:41	01:49:41
243 Oliver	Dillon	530 05:34:19	M 40 - 44	38 Male	217	00:38:50	00:02:47	01:33:14	02:51:25	00:01:55	00:36:00	01:14:58	01:59:19
244 Andrew	Phipps-Jones	178 05:34:29	M 35 - 39	30 Male	218 Ful-on Tri	00:37:11	00:03:26	01:28:29	02:46:57	00:02:33	00:36:15	01:18:13	02:04:20
245 Paul	Hastings	556 05:34:35	M 40 - 44	39 Male	219 Coventry tri	00:38:35	00:03:41	01:32:26	02:54:10	00:03:16	00:36:21	01:14:38	01:54:50
246 Alistair	Doig	532 05:34:49	M 40 - 44	40 Male	220 King's Lynn Triathlon Club	00:41:43	00:04:04	01:26:30	02:45:00	00:02:40	00:37:57	01:18:00	02:01:20
247 Jennifer	Isaac	828 05:34:51	F 35 - 39	8 Female	27 VICEROYS TRI CLUB	00:34:56	00:03:21		03:02:47	00:02:07	00:35:05	01:12:22	01:51:38
248 Alexander	Rae	1192 05:34:58	M 55 - 59	14 Male	221 Coventry tri	00:39:03	00:03:37	01:35:36	02:57:05	00:02:34	00:35:37	01:12:51	01:52:37
249 Richard	Young	88 05:35:01	M 30 - 34	22 Male	222 Spalding Tri Club	00:39:35	00:02:05	01:29:40	02:46:00	00:02:57	00:38:52	01:21:07	02:04:21
250 Aidan	Dunn	534 05:35:05	M 40 - 44	41 Male	223 West Suffolk Wheelers & T	00:33:21	00:02:21	01:32:29	02:49:46	00:01:32	00:38:05	01:20:56	02:08:04
251 Helen	Eggar	965 05:35:08	F 50 - 54	1 Female	28 Cambridge Triathlon Club	00:36:03	00:02:46	01:36:06	02:51:35	00:02:06	00:38:14	01:18:41	02:02:37
252 Stefano	Cadario	28 05:35:15	M 30 - 34	23 Male	224 Cambridge Triathlon Club	00:46:39	00:03:12	01:33:32	02:55:26	00:02:38	00:33:50	01:09:39	01:47:18
253 Stuart	Evans	340 05:35:24	M 45 - 49	36 Male	225 Hillingdon Triathletes	00:32:24	00:03:17	01:36:55	02:59:06	00:01:38	00:36:01	01:14:34	01:58:56
254 Adrian	Wheatley	459 05:35:27	M 45 - 49	37 Male	226 TFN NOTTINGHAM	00:40:37	00:02:19	01:30:59	02:49:00	00:01:45	00:37:53	01:18:12	02:01:44
255 Paul	Greensides	349 05:35:30	M 45 - 49	38 Male	227	00:42:30	00:03:58	01:38:29	02:58:54	00:02:16	00:35:18	01:12:10	01:47:50
256 Jon	Fidler	40 05:35:38	M 30 - 34	24 Male	228	00:40:14	00:02:43	01:30:26	02:47:05	00:02:39	00:36:25	01:20:07	02:02:57
257 Mark	Shearing	195 05:35:41	M 35 - 39	31 Male	229 Tri-Anglia	00:44:57	00:06:24	01:39:02	03:00:49	00:02:20	00:31:40	01:05:28	01:41:08
258 Chris	Jones	1083 05:35:50	M 50 - 54	29 Male	230 Rutland Running & Triathlc	00:33:25	00:02:13	01:32:22	02:52:10	00:01:28	00:38:22	01:19:54	02:06:32
259 Greg	Clarke	513 05:36:02	M 40 - 44	42 Male	231 SOUTH AXHOLME SHARI	00:30:53	00:02:57	01:33:11	02:53:31	00:01:35	00:39:41	01:21:41	02:07:03
260 Lee	French	545 05:36:13	M 40 - 44	43 Male	232 West Suffolk Wheelers & T	00:36:26	00:02:58	01:34:04	02:50:43	00:01:42	00:39:40	01:20:56	02:04:22
261 Darren	Cooper	521 05:36:26	M 40 - 44	44 Male	233	00:35:32	00:02:15	01:32:03	02:51:25	00:01:44	00:40:51	01:21:42	02:05:28
262 Clare	Parkholm	948 05:36:39	F 45 - 49	3 Female	29 Team THB	00:43:06	00:03:15	01:36:15	02:55:29	00:04:07	00:35:20	01:12:24	01:50:39
263 Deborah	Lloyd	1002 05:36:52	F 55 - 59	1 Female	30 Windrush Triathlon Club	00:39:28	00:02:03	01:36:27	02:58:11	00:01:23	00:37:18	01:15:15	01:55:45
264 Wayne	Crabb	319 05:37:01	M 45 - 49	39 Male	234	00:41:56	00:03:25	01:36:26	02:56:58	00:01:42	00:34:36	01:11:57	01:52:58
265 Jodie	Smith	850 05:37:02	F 35 - 39	9 Female	31	00:36:04	00:02:21	01:43:18	03:09:38	00:01:21	00:33:53	01:09:42	01:47:36
266 Tony	Bowe	1038 05:37:26	M 50 - 54	30 Male	235	00:33:31	00:04:54	01:37:38	02:59:32	00:03:10	00:37:31	01:16:19	01:56:18
267 Darren	Neale	171 05:37:28	M 35 - 39	32 Male	236	00:38:41	00:02:46	01:35:53	02:58:35	00:03:00	00:34:10	01:11:23	01:54:23
268 Emma	Deakin	817 05:37:37	F 35 - 39	10 Female	32	00:46:41	00:03:55	01:36:31	02:59:03	00:01:41	00:33:43	01:09:00	01:46:14
269 Lee	Gladwell	550 05:37:52	M 40 - 44	45 Male	237 Ashford Tri Club	00:36:11	00:02:18	01:38:24	03:03:02	00:02:16	00:37:51	01:15:27	01:54:03
270 Ali	Moseley	730 05:37:55	RELAY	24 Male	238 The Tri Hard	00:33:09	00:01:45	01:40:58	03:05:33	00:01:08	00:37:42	01:16:43	01:56:18
271 Stanley	Swanepoel	1139 05:38:17	M 50 - 54	31 Male	239 Tri-Anglia	00:42:27	00:02:24	01:31:21	02:50:06	00:02:42	00:33:52	01:17:48	02:00:37
272 Simon	Craig	320 05:38:18	M 45 - 49	40 Male	240	00:38:02	00:03:45	01:35:48	02:59:17	00:02:48	00:35:08	01:13:45	01:54:24
273 Pete	Buckingham	1158 05:38:21	M 55 - 59	15 Male	241 Cambridge Triathlon Club	00:52:21	00:03:25	01:33:16	02:50:34	00:01:47	00:36:04	01:12:53	01:50:13
274 Peter	Nicholls	172 05:38:26	M 35 - 39	33 Male	242 Skegness Triathlon Club	00:38:10	00:02:38	01:36:21	02:55:09	00:01:41	00:35:56	01:15:06	02:00:44
275 Lucy	Saxelby	903 05:38:42	F 40 - 44	4 Female	33 Lincoln Tri	00:36:50	00:01:51	01:37:44	03:02:15	00:01:13	00:36:15	01:16:07	01:56:31
276 Mamad	Salamat	1125 05:38:45	M 50 - 54	32 Male	243	00:37:28	00:07:13	01:27:38	02:43:38	00:06:29	00:39:37	01:21:26	02:03:55
277 Debbie	Clarke	869 05:38:46	F 40 - 44	5 Female	34 Serpentine RC	00:37:44	00:01:51	01:39:18	03:00:31	00:03:05	00:33:26	01:09:38	01:55:32
278 Chris	Pithey	268 05:39:07	M 25 - 29	21 Male	244 Spalding Tri Club	00:31:28	00:02:32	01:28:15	02:41:17	00:01:27	00:41:00	01:34:15	02:22:20
279 Claire	Hewitt	688 05:39:08	RELAY	25 Male	245 Tri-Sl Claire's Tear	00:44:32	00:04:40	01:50:46	03:20:57	00:01:13	00:28:40	00:57:56	01:27:44
280 Phil	Carter	1040 05:39:10	M 50 - 54	33 Male	246	00:41:22	00:03:22	01:37:59	03:02:12	00:02:35	00:35:18	01:11:44	01:49:38
281 Richard	Weltz	211 05:39:13	M 35 - 39	34 Male	247 Team Trisports	00:38:48	00:02:22	01:27:51	02:45:39	00:02:22	00:38:09	01:21:24	02:10:01
282 Steve	Jones	57 05:39:16	M 30 - 34	25 Male	248	00:38:56	00:01:40	01:28:02	02:46:37	00:01:32	00:37:21	01:18:03	02:10:29
283 Simon	Myers	394 05:39:17	M 45 - 49	41 Male	249 Bolton Tri	00:34:45	00:02:16	01:31:22	02:54:13	00:01:24	00:36:52	01:20:12	02:06:37
284 Matthew	Peleszok	177 05:39:27	M 35 - 39	35 Male	250 WELLAND VALLEY TRI C	00:43:18	00:03:41	01:32:47	02:54:43	00:02:00	00:36:00	01:15:17	01:55:42
285 Anthony	Brown	1157 05:39:27	M 55 - 59	16 Male	251 Pactrac	00:34:12	00:01:36	01:24:18	02:38:54	00:02:40	01:02:49	01:43:12	02:22:04
286 Mike	Blerkom	299 05:39:29	M 45 - 49	42 Male	252 East Essex Triathlon Club	00:35:17	00:01:54	01:33:52	02:53:02	00:01:49	00:38:36	01:22:00	02:07:25
287 Jonathan	Hunt	144 05:39:30	M 35 - 39	36 Male	253 Ely Tri Club	00:39:10	00:02:34	01:39:30	02:54:56	00:02:48	00:34:39	01:13:56	01:59:59
288 Anthony	Marchant	590 05:39:30	M 40 - 44	46 Male	254 Belper 10:20	00:40:27	00:03:49	01:29:18	02:47:25	00:02:53	00:38:39	01:20:12	02:04:53
289 James	Heath	1180 05:39:55	M 55 - 59	17 Male	255 West Suffolk Wheelers & T	00:44:36	00:04:09	01:39:35	03:02:31	00:01:46	00:35:04	01:10:06	01:46:51
290 Gavin	Straffon	274 05:39:59	M 25 - 29	22 Male	256 TFN NOTTINGHAM	00:34:41	00:01:33	01:37:37	03:00:26	00:01:25	00:33:23	01:13:15	02:01:51
291 Matthew	Wain	454 05:40:12	M 45 - 49	43 Male	257 Skegness Triathlon Club	00:36:51	00:02:12	01:35:13	02:56:49	00:04:03	00:37:57	01:17:14	02:00:14
292 Martin	Wilson	213 05:40:22	M 35 - 39	37 Male	258 Stowmarket Striders								





296 Mike	Ayres	715 05:40:29	RELAY	26 Male	262 Rutland Poss	00:35:31	00:01:10	01:34:54	02:51:51	00:01:09	00:40:34	01:22:58	02:10:47
297 Simon	Claridge	1163 05:40:42	M 55 - 59	18 Male	263 Hillingdon Triathletes	00:35:45	00:02:11	01:34:09	02:52:23	00:01:57	00:37:58	01:22:07	02:08:23
298 Robert	Attwater	2 05:40:43	M 19 - 24	9 Male	264	00:30:00	00:02:13	01:32:36	02:51:21	00:01:26	00:38:18	01:25:35	02:15:41
299 William	Gillespie	345 05:40:55	M 45 - 49	45 Male	265 TRI3 SLEAFORD	00:36:24	00:03:21	01:33:35	02:51:38	00:04:28	00:38:41	01:21:39	02:05:01
300 Adrian	Hine	1074 05:41:01	M 50 - 54	34 Male	266 Felixstowe Road Runners	00:37:15	00:01:59	01:36:02	02:58:50	00:01:22	00:38:15	01:20:07	02:01:34
301 Adam	Sheward	74 05:41:03	M 30 - 34	26 Male	267 Tri-Anglia	00:38:18	00:03:55	01:33:46	02:52:46	00:02:01	00:38:12	01:19:39	02:04:02
302 Vernon	Anderson	91 05:41:27	M 35 - 39	39 Male	268 Tri Harder	00:46:39	00:03:28	01:28:15	02:41:18	00:02:29	00:42:10	01:25:33	02:07:31
303 Shaun	Andrews	486 05:41:31	M 40 - 44	48 Male	269	00:41:40	00:05:33	01:30:17	02:46:08	00:05:00	00:36:42	01:16:15	02:03:08
304 Mark	Lowe	379 05:41:36	M 45 - 49	46 Male	270 Bedford Harriers	00:33:16	00:03:43	01:37:22	02:58:37	00:01:59	00:39:07	01:20:22	02:03:59
305 Shaun	Brown	105 05:41:39	M 35 - 39	40 Male	271 Tri-Anglia	00:41:25	00:03:18	01:42:04	03:09:20	00:02:04	00:30:55	01:04:06	01:45:29
306 Lee	St Quinton	200 05:41:41	M 35 - 39	41 Male	272 Skegness Triathlon Club	00:36:34	00:02:54	01:37:39	03:00:14	00:01:37	00:37:26	01:18:31	02:00:21
307 Chris	Sexton	194 05:41:47	M 35 - 39	42 Male	273 Tri-Anglia	00:34:02	00:02:41	01:39:23	03:05:15	00:01:31	00:36:03	01:15:31	01:58:16
308 Stephen	Swaby	643 05:41:54	M 40 - 44	49 Male	274 Lincoln Tri	00:35:16	00:01:57	01:34:51	02:53:37	00:02:07	00:42:44	01:25:03	02:08:56
309 David	Frankland	247 05:41:56	M 25 - 29	23 Male	275	00:43:07	00:02:56	01:37:50	03:02:02	00:02:49	00:34:50	01:11:58	01:51:00
310 Steven	Killingbeck	151 05:41:58	M 35 - 39	43 Male	276	00:47:30	00:04:34	01:32:34	02:51:23	00:02:59	00:38:39	01:17:25	01:55:30
311 Mark	Philo	409 05:42:17	M 45 - 49	47 Male	277 Tri-Anglia	00:38:47	00:01:58	01:32:30	02:53:13	00:01:30	00:38:37	01:20:22	02:06:46
312 David	Valenti	278 05:42:28	M 25 - 29	24 Male	278 sittingbourne striders tri	00:41:19	00:02:27	01:38:18	03:02:54	00:04:08	00:36:03	01:13:11	01:51:38
313 Jessica	Denman	757 05:42:33	F 25 - 29	7 Female	35 Broxtowe Triathlon Club	00:36:30	00:01:55	01:32:11	02:53:27	00:01:28	00:37:51	01:23:48	02:09:11
314 Gary	Kellett	575 05:42:38	M 40 - 44	50 Male	279 Tri-Force	00:43:39	00:03:00	01:38:51	03:00:12	00:02:21	00:36:55	01:14:39	01:53:24
315 Joey	Clements	111 05:42:49	M 35 - 39	44 Male	280	00:52:03	00:04:04	01:35:53	02:54:47	00:03:52	00:33:00	01:10:49	01:48:00
316 Georgina	Everett	875 05:42:54	F 40 - 44	6 Female	36	00:37:45	00:02:20	01:46:07	03:14:03	00:01:27	00:34:31	01:10:55	01:47:17
317 Ian	Briers	498 05:42:55	M 40 - 44	51 Male	281 Coalville TC	00:46:41	00:02:45	01:35:25	02:52:35	00:04:27	00:36:39	01:15:31	01:56:26
318 Ian	Kidman	373 05:43:04	M 45 - 49	48 Male	282 King's Lynn Triathlon Club	00:44:51	00:02:38	01:36:26	02:51:14	00:02:20	00:36:58	01:17:57	02:01:58
319 Mark	Pryor	1112 05:43:21	M 50 - 54	35 Male	283 bedford traktors	00:41:20	00:05:41	01:33:09	02:52:36	00:03:06	00:36:13	01:14:16	02:00:35
320 Jim	Palmer	176 05:43:31	M 35 - 39	45 Male	284 Tri-Anglia	00:46:38	00:02:00	01:32:51	02:51:38	00:01:33	00:39:30	01:19:49	02:01:41
321 Max	Chippington	311 05:43:31	M 45 - 49	49 Male	285	00:40:17	00:03:28	01:35:16	02:54:57	00:03:31	00:37:18	01:16:55	02:01:16
322 Thomas	Wilson	660 05:43:40	M 40 - 44	52 Male	286	00:33:01	00:02:52	01:38:44	03:04:14	00:02:55	00:36:14	01:17:19	02:00:37
323 Nick	Ford	542 05:43:45	M 40 - 44	53 Male	287	00:39:33	00:02:53	01:35:29	02:57:04	00:02:18	00:38:52	01:18:59	02:01:55
324 David	Neale	1218 05:43:59	M 60 - 64	3 Male	288 King's Lynn Triathlon Club	00:41:14	00:02:33	01:37:45	03:02:24	00:01:43	00:35:09	01:12:59	01:56:04
325 Scott	Fraser	248 05:44:13	M 25 - 29	25 Male	289	00:40:19	00:02:33	01:27:52	02:44:34	00:03:46	00:39:29	01:24:09	02:12:59
326 Steve	Cox	1048 05:44:13	M 50 - 54	36 Male	290	00:43:40	00:03:57	01:43:31	03:09:29	00:01:24	00:32:24	01:07:53	01:45:41
327 Tim	Ryder	1124 05:44:14	M 50 - 54	37 Male	291 Hadleigh Hares Ac	00:36:49	00:03:35	01:40:24	03:07:01	00:03:13	00:35:55	01:16:01	01:53:34
328 Lee	Gilchrist	548 05:44:16	M 40 - 44	54 Male	292 Freedom Tri	00:49:26	00:03:06	01:32:56	02:57:59	00:02:49	00:33:29	01:10:46	01:50:55
329 Lee	Rickards	186 05:44:17	M 35 - 39	46 Male	293 Titan Triathlon Club	00:41:10	00:02:31	01:40:13	03:04:44	00:01:25	00:34:47	01:11:36	01:54:26
330 Andrew	Dineley	39 05:44:20	M 30 - 34	27 Male	294	00:44:05	00:02:12	01:38:54	03:01:00	00:03:03	00:33:17	01:14:08	01:53:58
331 Simon	Round	422 05:44:22	M 45 - 49	50 Male	295	00:31:51	00:04:25	01:27:34	02:43:20	00:05:15	00:39:06	01:30:39	02:19:29
332 Scott	Wray	466 05:44:34	M 45 - 49	51 Male	296 York Triathlon Club	00:46:05	00:03:09	01:38:18	03:02:08	00:01:42	00:36:19	01:14:05	01:51:28
333 Ann	Harris	883 05:44:34	F 40 - 44	7 Female	37	00:41:47	00:03:25	01:37:50	03:00:39	00:02:17	00:36:06	01:14:39	01:56:24
334 Stewart	Tanner	1140 05:44:35	M 50 - 54	38 Male	297 Born2Tri	00:43:33	00:01:57	01:35:56	02:57:19	00:01:14	00:38:30	01:19:24	02:00:30
335 Mark	Bishop	239 05:44:44	M 25 - 29	26 Male	298	00:35:59	00:02:24	01:35:55	02:56:34	00:01:55	00:38:03	01:21:55	02:07:50
336 Heather	Simpson	906 05:44:51	F 40 - 44	8 Female	38 Wakefield Triathlon Club	00:37:50	00:01:43	01:44:28	03:11:13	00:05:03	00:35:53	01:12:28	01:49:00
337 Andrew	Jones	574 05:44:54	M 40 - 44	55 Male	299 Freedom Tri	00:37:43	00:04:25	01:34:04	02:49:47	00:04:33	00:38:48	01:21:48	02:08:24
338 Ian	Duggan	1055 05:44:56	M 50 - 54	39 Male	300 Felixstowe Road Runners	00:39:49	00:03:11	01:35:50	02:58:59	00:02:07	00:35:30	01:15:56	02:00:48
339 David	Synott	645 05:44:59	M 40 - 44	56 Male	301 Windrush Triathlon Club	00:40:04	00:05:34	01:35:00	02:57:59	00:04:25	00:36:24	01:17:41	01:56:54
340 Stephen	Reilly	185 05:45:16	M 35 - 39	47 Male	302 Walden Tri	00:47:37	00:02:38	01:42:22	03:03:45	00:01:36	00:35:43	01:11:52	01:49:36
341 James	Richardson	271 05:45:21	M 25 - 29	27 Male	303	00:43:25	00:02:40	01:35:50	02:57:16	00:03:39	00:37:03	01:16:05	01:58:18
342 Elizabeth	Jeeves	941 05:45:23	F 45 - 49	4 Female	39 Hadleigh Hares Ac	00:42:35	00:03:42	01:36:25	02:58:11	00:02:52	00:38:44	01:18:32	01:58:01
343 Clinton	Butcher	663 05:45:27	M 40 - 44	57 Male	304	00:42:01	00:02:19	01:30:28	02:47:15	00:01:39	00:40:51	01:29:46	02:12:12
344 Chris	Martin	66 05:45:30	M 30 - 34	28 Male	305 MANSFIELD TRI CLUB	00:38:50	00:02:50	01:37:01	02:59:09	00:01:46	00:38:45	01:20:11	02:02:53
345 Victoria	Moseley	893 05:45:35	F 40 - 44	9 Female	40	00:41:52	00:03:21	01:41:27	03:06:33	00:02:05	00:35:30	01:12:52	01:51:42
346 Richard	Butterworth	308 05:45:39	M 45 - 49	52 Male	306 Absolute Triathlon Club	00:47:25	00:03:22	01:30:28	02:47:45	00:04:04	00:39:11	01:20:03	02:03:01
347 Gary	Rudd	424 05:45:43	M 45 - 49	53 Male	307 Bedford Harriers	00:34:22	00:03:42	01:28:45	02:44:21	00:02:30	00:40:12	01:25:10	02:20:46
348 Michael	Aboussalam	1208 05:46:01	M 60 - 64	4 Male	308	00:37:46	00:02:03	01:35:57	02:58:57	00:01:42	00:38:32	01:20:12	02:05:32
349 Matt	Musselle	169 05:46:03	M 35 - 39	48 Male	309	00:53:05	00:03:52	01:30:44	02:46:47	00:01:46	00:34:32	01:15:38	02:00:31
350 Rich	Compton	316 05:46:08	M 45 - 49	54 Male	310	00:50:40	00:05:14	01:41:19	03:08:01	00:03:29	00:32:25	01:05:59	01:38:42
351 Richard	Collyer	315 05:46:09	M 45 - 49	55 Male	311 Tri-Anglia	00:43:59	00:03:03	01:33:09	02:49:15	00:03:05	00:36:57	01:19:17	02:06:45
352 Dave	Asher	93 05:46:17	M 35 - 39	49 Male	312	00:36:49	00:02:29	01:36:33	02:57:45	00:01:36	00:40:30	01:21:40	02:07:36
353 Paul	Jackson	145 05:46:18	M 35 - 39	50 Male	313	00:49:17	00:03:20	01:35:41	02:53:34	00:02:25	00:37:34	01:16:41	01:57:39
354 Alan	Turnbull	451 05:46:19	M 45 - 49	56 Male	314 North Shields Poly	00:42:01	00:02:22	01:35:31	02:58:26	00:01:45	00:37:12	01:17:51	02:01:43
355 Alan	Davis	323 05:46:29	M 45 - 49	57 Male	315 Ocean Lake Triathlon Club	00:33:30	00:02:40	01:34:51	02:56:28	00:02:40	00:39:48	01:24:15	02:11:08
356 Brett	Lummis	158 05:46:45	M 35 - 39	51 Male	316 Ipswich Tri Club	00:31:19	00:04:20	01:40:38	03:04:11	00:02:32	00:38:23	01:19:17	02:04:22
357 Tony	Parello	1191 05:46:49	M 55 - 59	19 Male	317 Bedford Harriers	00:36:48	00:02:46	01:38:09	03:00:27	00:01:42	00:38:16	01:20:54	02:05:04
358 Rich	Hoey	49 05:46:56	M 30 - 34	29 Male	318 Tri-Anglia	00:43:32	00:02:04	01:33:25	02:52:36	00:01:14	00:35:42	01:17:22	02:07:28
359 John	Cobb	518 05:46:56	M 40 - 44	58 Male	319 B2P	00:39:17	00:02:31	01:27:47	02:40:37	00:02:37	00:41:42	01:28:18	02:21:50
360 Mark	Preston	617 05:46:58	M 40 - 44	59 Male	320	00:40:39	00:02:08	01:33:01	02:52:07	00:03:21	00:41:36	01:24:03	02:08:42
361 Andrew	Keeble	371 05:47:06	M 45 - 49	58 Male	321	00:35:23	00:03:02	01:33:14	02:53:57	00:01:36	00:39:53	01:23:09	02:13:06
362 Laura	Mclindon	838 05:47:34	F 35 - 39	11 Female	41 Tri-Force	00:36:53	00:03:29	01:40:21	03:08:27	00:03:07	00:35:24	01:15:54	01:55:37
363 Emma	Sherman-James	848 05:47:59	F 35 - 39	12 Female	42	00:35:55	00:03:06	01:47:33	03:18:13	00:03:21	00:33:50	01:09:43	01:47:22
364 Ian	Isted	365 05:48:05	M 45 - 49	59 Male	322	00:41:26	00:02:43	01:33:39	02:51:50	00:01:47	00:38:34	01:22:27	02:10:17
365 Gary	Fryer	130 05:48:26	M 35 - 39	52 Male	323 Tri-Anglia	00:36:54	00:02:08	01:34:01	02:53:52	00:01:46	00:41:28	01:24:12	02:13:44
366 Andy	Williams	1151 05:48:30	M 50 - 54	40 Male	324	00:40:55	00:03:24	01:37:34	03:02:03	00:03:13	00:37:58	01:18:05	01:58:53
367 Joanne	Beeson	771 05:48:37	F 30 - 34	8 Female	43	00:41:10	00:02:38	01:40:08	03:02:54	00:02:41			



371 Richard Lewis	Evans	739 05:49:01	RELAY	27 Male	327 Norwich Tri A Richard's Te	00:31:37	00:01:24	01:47:15	03:17:43	00:01:03	00:38:05	01:17:12	01:57:11
372 Maria	Greeaves	821 05:49:08	F 35 - 39	13 Female	45 Tri-Anglia	00:38:13	00:03:23	01:41:05	03:06:07	00:01:57	00:38:01	01:17:22	01:59:25
373 Mark	Brown	305 05:49:16	M 45 - 49	60 Male	328 Tri-Anglia	00:42:39	00:02:35	01:42:41	03:09:21	00:02:04	00:35:09	01:12:07	01:52:35
374 Richard	Piron	1219 05:49:39	M 60 - 64	5 Male	329 Bedford Harriers	00:40:44	00:03:37	01:35:56	03:01:20	00:04:33	00:38:16	01:18:15	01:59:22
375 Stefan	Adamski	484 05:49:40	M 40 - 44	62 Male	330	00:48:14	00:04:19	01:32:14	02:50:57	00:03:12	00:39:47	01:20:47	02:02:56
376 James	Macleod	1092 05:49:42	M 50 - 54	41 Male	331 Tri-Anglia	00:34:59	00:03:13	01:36:01	02:58:49	00:02:02	00:40:56	01:25:14	02:10:37
377 Mark	Jeszke	572 05:49:47	M 40 - 44	63 Male	332	00:39:32	00:05:11	01:45:01	03:05:27	00:01:36	00:37:00	01:15:22	01:57:59
378 Jonathan	Overment	403 05:50:02	M 45 - 49	61 Male	333	00:33:33	00:02:56	01:36:02	03:04:51	00:02:09	00:36:32	01:17:57	02:06:33
379 Marc	Evans	338 05:50:17	M 45 - 49	62 Male	334 Rossendale Triathlon Club	00:42:20	00:04:05	01:34:46	02:55:01	00:02:27	00:36:42	01:18:22	02:06:22
380 Donald	Mcintyre	598 05:50:17	M 40 - 44	64 Male	335	00:36:28	00:04:07	01:34:15	02:54:35	00:03:46	00:42:18	01:25:16	02:11:18
381 Haley	Suttle	983 05:50:22	F 50 - 54	2 Female	46 Stowmarket Striders	00:40:49	00:02:31	01:43:17	03:12:41	00:01:34	00:36:05	01:12:45	01:52:44
382 James	Tattley	646 05:50:24	M 40 - 44	65 Male	336	00:50:23	00:04:02	01:36:33	02:56:56	00:07:09	00:36:40	01:13:50	01:51:52
383 Ruth	Mcintyre	763 05:50:27	F 25 - 29	8 Female	47 Ful-on Tri	00:37:08	00:02:40	01:40:50	03:03:34	00:02:38	00:40:35	01:22:16	02:04:25
384 Paul	Scibilia	1126 05:50:40	M 50 - 54	42 Male	337 Tri-Anglia	00:34:54	00:01:59	01:38:34	03:03:01	00:02:33	00:40:36	01:23:14	02:08:10
385 Andrew	Moss	603 05:50:41	M 40 - 44	66 Male	338	00:27:58	00:03:41	01:38:59	02:59:37	00:03:02	00:41:35	01:26:23	02:16:21
386 Sarah	Barnes	915 05:50:50	F 45 - 49	5 Female	48 Abingdon Vale Triathlon Cl	00:39:16	00:03:01	01:37:02	02:56:39	00:02:51	00:40:23	01:23:29	02:09:00
387 Ray	Brooks	501 05:50:52	M 40 - 44	67 Male	339 East Essex Triathlon Club	00:36:54	00:02:41	01:40:37	03:08:45	00:02:43	00:37:43	01:17:51	01:59:46
388 Richard	Rushton	190 05:50:53	M 35 - 39	53 Male	340	00:43:33	00:04:08		02:47:26	00:02:42	00:39:48	01:24:51	02:13:04
389 Kate	Murrell	840 05:51:04	F 35 - 39	14 Female	49 Tri-Anglia	00:42:24	00:03:02	01:48:56	03:18:36	00:01:29	00:33:58	01:08:57	01:45:31
390 Gavin	Mckee	388 05:51:05	M 45 - 49	63 Male	341	00:42:36	00:02:31	01:36:01	02:59:27	00:01:43	00:38:09	01:20:22	02:04:45
391 Eddie	Chambers	110 05:51:12	M 35 - 39	54 Male	342	00:42:44	00:03:21	01:38:13	03:05:46	00:02:54	00:34:24	01:13:36	01:56:25
392 Bee	Furber	966 05:51:29	F 50 - 54	3 Female	50 Leicester Triathlon Club	00:32:51	00:02:46	01:38:36	03:01:36	00:02:20	00:41:32	01:26:37	02:11:53
393 Elizabeth	Young	691 05:51:39	RELAY	28 Male	343 Double Cam'	00:37:56	00:01:23	01:35:14	02:55:02	00:00:52	00:40:58	01:26:05	02:16:24
394 Andrew	Cosgrove	117 05:51:40	M 35 - 39	55 Male	344	00:44:53	00:03:28	01:37:30	02:59:58	00:02:28	00:42:06	01:20:38	02:00:52
395 Brett	Thake	202 05:51:49	M 35 - 39	56 Male	345 Barking and Dagenham Tri	00:39:15	00:03:47	01:31:15	02:48:30	00:04:53	00:41:20	01:27:15	02:15:22
396 Hartwig	Busch	506 05:52:00	M 40 - 44	68 Male	346	00:42:58	00:02:50	01:50:26	03:13:25	00:01:21	00:35:37	01:12:54	01:51:24
397 Lee	Kennedy	576 05:52:29	M 40 - 44	69 Male	347	00:38:40	00:05:02	01:27:43	02:45:51	00:07:33	00:42:08	01:27:08	02:15:22
398 Mark	Winfield	464 05:52:42	M 45 - 49	64 Male	348 Tri-Anglia	00:40:51	00:02:38	01:34:56	02:58:27	00:01:20	00:38:32	01:20:08	02:09:23
399 Kelly	De-Gol	816 05:53:13	F 35 - 39	15 Female	51 King's Lynn Triathlon Club	00:36:36	00:02:37	01:44:44	03:05:46	00:01:37	00:39:34	01:21:48	02:06:34
400 Paul	Quantrill	1113 05:53:19	M 50 - 54	43 Male	349 Tri-Anglia	00:44:54	00:02:57	01:38:23	03:01:32	00:02:48	00:39:04	01:19:38	02:01:06
401 Michael	Stollery	1223 05:53:27	M 60 - 64	6 Male	350 Tri-Anglia	00:43:16	00:02:29	01:33:34	02:52:22	00:02:23	00:41:52	01:26:01	02:12:55
402 Chris	Ashley	686 05:53:34	RELAY	29 Male	351 Brown Team	00:35:35	00:01:15	01:41:24	03:05:12	00:00:57	00:39:00	01:22:06	02:10:33
403 Mark	Skelly	430 05:53:47	M 45 - 49	65 Male	352	00:37:18	00:03:10	01:42:00	03:09:34	00:02:38	00:35:28	01:13:04	02:01:04
404 Justin	Coombs	520 05:53:54	M 40 - 44	70 Male	353 Eton Tri Club	00:41:59	00:04:15	01:44:28	03:14:03	00:02:35	00:34:36	01:11:40	01:51:00
405 Nadia	Wells	988 05:54:15	F 50 - 54	4 Female	52 Tricamp Tfn Race Team	00:40:45	00:02:16	01:41:04	03:05:05	00:02:30	00:38:55	01:20:56	02:03:37
406 James	Smith	636 05:54:25	M 40 - 44	71 Male	354 Tri-Anglia	00:41:15	00:04:57	01:39:13	03:02:17	00:02:58	00:39:18	01:20:27	02:02:57
407 Adam	Herring	356 05:54:43	M 45 - 49	66 Male	355	00:49:27	00:04:25	01:37:23	02:59:50	00:03:05	00:37:32	01:16:13	01:57:54
408 Craig	Dearden	327 05:54:49	M 45 - 49	67 Male	356 West Suffolk Wheelers & T	00:41:41	00:03:37	01:43:35	03:07:17	00:02:54	00:35:57	01:16:28	01:59:18
409 Nathan	Mackay	259 05:54:53	M 25 - 29	28 Male	357	00:47:21	00:03:19	01:30:32	02:48:03	00:04:54	00:43:35	01:26:45	02:11:15
410 Nick	Anderson	19 05:54:55	M 30 - 34	30 Male	358	00:49:08	00:03:37	01:43:46	03:07:45	00:02:44	00:36:25	01:14:08	01:51:39
411 Ben	Starbuck	440 05:54:55	M 45 - 49	68 Male	359 MVH TRI CLUB	00:39:02	00:04:21	01:36:05	02:57:07	00:03:03	00:40:35	01:23:00	02:11:21
412 Jonathan	Davis	122 05:54:58	M 35 - 39	57 Male	360	00:40:30	00:02:22	01:27:41	02:41:53	00:02:32	00:42:18	01:30:43	02:27:39
413 Eirrin	Thompson	446 05:54:58	M 45 - 49	69 Male	361	00:42:27	00:02:38	01:37:56	02:57:55	00:03:14	00:39:30	01:20:46	02:08:41
414 David	Patrick	1107 05:55:01	M 50 - 54	44 Male	362 Broxtowe Triathlon Club	00:41:02	00:04:52	01:36:57	03:01:37	00:01:48	00:41:25	01:22:31	02:05:40
415 John	Golding	1174 05:55:10	M 55 - 59	20 Male	363 Born2Tri	00:39:27	00:02:56	01:35:13	02:57:13	00:03:19	00:41:18	01:28:54	02:12:14
416 Kieran	Godkin	1068 05:55:16	M 50 - 54	45 Male	364 Portsmouth Triathletes	00:39:34	00:03:25	01:36:14	02:59:07	00:03:11	00:39:29	01:23:59	02:09:57
417 Natasha	Scott	766 05:55:20	F 25 - 29	9 Female	53 BRAT	00:38:50	00:04:07	01:43:12	03:11:12	00:01:39	00:38:04	01:18:22	01:59:31
418 Stephen	Livingstone	735 05:55:21	RELAY	30 Male	365 Can't Swim C	00:41:28	00:02:20	01:34:03	02:53:16	00:01:32	00:44:01	01:29:46	02:16:43
419 Thomas	Macdonald	1091 05:55:28	M 50 - 54	46 Male	366 Barracuda Tri Club	00:39:29	00:01:56	01:32:56	02:48:48	00:02:26	00:48:01	01:34:50	02:22:46
420 Owen	Barnes	1032 05:55:30	M 50 - 54	47 Male	367 NBTC	00:40:04	00:02:51	01:32:03	02:53:15	00:03:22	00:39:26	01:25:28	02:15:57
421 Neil	Waugh	209 05:55:40	M 35 - 39	58 Male	368 Titans	00:47:29	00:03:54	01:36:55	02:58:06	00:02:42	00:38:11	01:19:03	02:03:28
422 Philip	Mather	385 05:55:50	M 45 - 49	70 Male	369 Cambridge Triathlon Club	00:45:44	00:04:17	01:35:19	02:54:09	00:02:07	00:41:15	01:25:25	02:09:31
423 Nicholas	Watkinson	1148 05:56:15	M 50 - 54	48 Male	370	00:42:23	00:03:48	01:33:47	02:57:00	00:02:47	00:40:59	01:25:24	02:10:14
424 Richard	Dolan	331 05:56:16	M 45 - 49	71 Male	371	00:41:36	00:03:37	01:42:51	03:07:27	00:03:21	00:52:01	01:59:40	02:00:13
425 Simon	Woolley	465 05:56:37	M 45 - 49	72 Male	372	00:45:58	00:04:30	01:36:32	02:59:05	00:02:58	00:38:38	01:20:22	02:04:04
426 Giles	Mccathie	595 05:56:46	M 40 - 44	72 Male	373	00:42:50	00:04:50	01:34:30	02:54:04	00:03:00	00:39:25	01:21:45	02:12:00
427 Georgina	Sutton	690 05:56:48	RELAY	31 Male	374 Crazy Fools	00:43:33	00:01:20	01:54:16	03:31:36	00:01:07	00:32:33	01:05:31	01:39:10
428 Jill	Larham	1001 05:56:54	F 55 - 59	2 Female	54 Tri-Anglia	00:39:21	00:03:44	01:51:00	03:24:19	00:02:49	00:34:05	01:09:49	01:46:39
429 Keith	Bell	494 05:57:05	M 40 - 44	73 Male	375 East Essex Triathlon Club	00:39:05	00:02:54	01:39:09	03:01:22	00:01:51	00:38:17	01:20:55	02:11:51
430 David	Carter	30 05:57:07	M 30 - 34	31 Male	376	00:44:04	00:02:26	01:37:05	02:59:51	00:04:08	00:38:27	01:21:03	02:06:36
431 Alan	Lack	9 05:57:14	M 19 - 24	10 Male	377	00:41:08	00:02:25	01:39:57	03:06:11	00:04:52	00:39:32	01:22:05	02:02:36
432 Stephen	Greatbanks	704 05:57:14	RELAY	32 Male	378 Misfits	00:33:41	00:01:41	01:45:40	03:22:41	00:01:06	00:36:45	01:15:47	01:58:04
433 Alexander	Harvie	555 05:57:25	M 40 - 44	74 Male	379	00:43:22	00:01:59	01:41:03	03:03:27	00:02:28	00:38:59	01:23:11	02:06:06
434 Nick	Park	613 05:57:30	M 40 - 44	75 Male	380 Pactrac	00:40:22	00:02:59	01:40:06	03:03:23	00:02:53	00:39:02	01:21:10	02:07:52
435 Lorraine	Garvey	879 05:57:39	F 40 - 44	10 Female	55 Racing Tnt	00:50:32	00:06:07	01:45:27	03:05:57	00:02:03	00:36:19	01:14:19	01:52:57
436 Jackie	Wren	989 05:57:40	F 50 - 54	5 Female	56 Brij Run & Tri	00:48:19	00:02:31	01:43:31	03:09:08	00:01:34	00:36:19	01:16:20	01:56:06
437 Stuart	Cleworth	112 05:57:42	M 35 - 39	59 Male	381	00:39:41	00:04:40	01:41:27	03:07:37	00:04:31	00:38:55	01:18:50	02:01:11
438 Dawn	Collyer	813 05:57:43	F 35 - 39	16 Female	57 Tri-Anglia	00:42:56	00:02:55	01:36:16	02:56:49	00:02:10	00:42:34	01:28:08	02:12:51
439 Brian	Henderson	355 05:57:48	M 45 - 49	73 Male	382 North Norfolk Vikings	00:38:39	00:02:59	01:37:08	03:02:34	00:03:38	00:37:26	01:22:46	02:09:56
440 Gary	Baugh	1035 05:57:59	M 50 - 54	49 Male	383 Lincsqad	00:45:36	00:01:40	01:30:09	02:47:54	00:02:12	00:41:30	01:30:40	02:20:35
441 Chris	Aspley	290 05:58:02	M 45 - 49	74 Male	384 Nuneaton Triathlon Club	00:46:54	00:01:44	01:40:56	03:06:28	00:01:40	00:37:20	01:16:47	02:01:15
442 Lesley	Robins	901 05:58:11	F 40 - 44	11 Female	58	00:36:36	00:03:53	01:50:16	03:24:10	00:04:49	00:35:		



446	Chris	Playford	412 05:59:07	M 45 - 49	76 Male	387	Tri-Anglia	00:34:38	00:02:57	01:32:09	02:49:14	00:02:53	00:45:43	01:31:11	02:29:23
447	David	Edwards	1057 05:59:09	M 50 - 54	50 Male	388		00:43:55	00:02:29	01:35:12	03:01:37	00:02:10	00:38:22	01:21:32	02:08:56
448	Ed	Hargreaves	554 05:59:16	M 40 - 44	76 Male	389		00:52:37	00:04:06	01:46:27	03:11:50	00:01:40	00:34:17	01:10:03	01:49:01
449	James	Davies	121 05:59:32	M 35 - 39	60 Male	390		00:44:40	00:07:27	01:38:22	03:01:18	00:02:58	00:37:53	01:18:17	02:03:08
450	Chris	Holmes	562 05:59:33	M 40 - 44	77 Male	391		00:44:57	00:03:18	01:41:17	03:06:01	00:03:23	00:37:11	01:18:06	02:01:51
451	Jen	Rudd	681 06:00:06	RELAY	33 Male	392	Beginner's Lt	00:32:54	00:01:17	01:49:55	03:30:25	00:01:06	00:36:40	01:14:42	01:54:22
452	Justin	Lawton	376 06:00:08	M 45 - 49	77 Male	393		00:40:44	00:04:06	01:39:46	03:03:23	00:02:11	00:40:56	01:24:25	02:09:42
453	Richard	Bowley	497 06:00:14	M 40 - 44	78 Male	394		00:42:17	00:04:28	01:43:38	03:16:55	00:02:51	00:35:39	01:13:12	01:53:40
454	Chris	Kettley	150 06:00:15	M 35 - 39	61 Male	395		00:43:38	00:03:19	01:36:59	03:01:08	00:02:20	00:39:31	01:22:36	02:09:48
455	Renata	Garfoot	878 06:00:27	F 40 - 44	13 Female	60	Tri-Anglia	00:44:32	00:02:38	01:38:33	02:59:01	00:02:07	00:41:07	01:26:00	02:12:07
456	Jason	Theobald	444 06:00:47	M 45 - 49	78 Male	396		00:42:13	00:03:00	01:38:37	03:03:16	00:02:13	00:39:30	01:23:11	02:10:03
457	Richard	Harper	1069 06:00:55	M 50 - 54	51 Male	397		00:39:58	00:02:19	01:37:10	03:02:00	00:02:09	00:41:56	01:25:42	02:14:27
458	Ben	Symington	201 06:00:59	M 35 - 39	62 Male	398	Tri-Anglia	00:39:54	00:02:08	01:39:04	02:53:36	00:01:20	00:43:55	01:33:32	02:24:00
459	Andy	Russell	1123 06:01:25	M 50 - 54	52 Male	399	Nuneaton Triathlon Club	00:37:51	00:03:26	01:41:19	03:06:30	00:02:01	00:40:32	01:24:15	02:11:34
460	Diane	Swanepoel	956 06:01:32	F 45 - 49	6 Female	61	Tri-Anglia	00:36:56	00:02:04	01:42:50	03:10:48	00:02:43	00:40:59	01:24:24	02:09:00
461	David	Osborne	1104 06:01:32	M 50 - 54	53 Male	400	Team Cherwell	00:33:12	00:02:43	01:38:24	03:03:40	00:02:53	00:41:58	01:31:31	02:19:02
462	Frank	Swaisland	442 06:01:53	M 45 - 49	79 Male	401		00:47:03	00:03:05	01:36:07	02:56:36	00:02:48	00:42:33	01:26:41	02:12:19
463	Robin	Wilson	214 06:01:59	M 35 - 39	63 Male	402	WELLAND VALLEY TRI C	00:42:33	00:04:12	01:43:22	03:05:10	00:02:55	00:39:04	01:21:52	02:07:06
464	Will	Barratt	99 06:02:03	M 35 - 39	64 Male	403		00:40:52	00:02:46	01:35:50	02:55:05	00:02:35	00:42:16	01:30:05	02:20:43
465	Stuart	Young	723 06:02:13	RELAY	34 Male	404	Bungay Blacl The Bells An	00:43:21	00:01:23	01:47:41	03:19:01	00:01:11	00:37:25	01:16:31	01:57:15
466	Peter	Nelson	606 06:02:16	M 40 - 44	79 Male	405	Tri-Anglia	00:44:50	00:03:40	01:40:21	03:05:04	00:01:32	00:37:07	01:20:57	02:07:09
467	Sheila	Oxtoby	1015 06:02:18	F 45 - 49	7 Female	62		00:48:00	00:04:01	01:46:51	03:14:15	00:02:03	00:38:17	01:15:38	01:53:57
468	Richard	Chilvers	310 06:02:20	M 45 - 49	80 Male	406		00:54:18	00:04:21	01:38:14	02:52:51	00:02:34	00:39:57	01:22:35	02:08:14
469	Carol	Young	1005 06:02:35	F 55 - 59	3 Female	63	Craven Energy	00:37:19	00:02:21	01:37:21	03:01:53	00:04:26	00:42:54	01:28:36	02:16:34
470	Rory	Donovan	8 06:02:39	M 19 - 24	11 Male	407	Team Aero Win	00:35:48	00:02:41	01:35:00	02:52:52	00:02:14	00:42:28	01:28:55	02:29:02
471	Emma	Thompson	852 06:02:55	F 35 - 39	17 Female	64	King's Lynn Triathlon Club	00:41:34	00:02:20	01:41:49	03:06:10	00:02:53	00:42:49	01:26:08	02:09:56
472	Chris	Wiseman	1153 06:03:01	M 50 - 54	54 Male	408	West Suffolk Wheelers & T	00:43:01	00:03:42	01:36:27	03:00:08	00:04:14	00:39:40	01:22:41	02:11:53
473	Colin	Philpot	410 06:03:09	M 45 - 49	81 Male	409		00:34:05	00:03:15	01:34:52	02:59:39	00:03:05	00:40:31	01:26:51	02:23:03
474	Paul	Barton	1034 06:03:22	M 50 - 54	55 Male	410	prison service	00:39:58	00:02:49	01:33:58	02:56:05	00:01:42	00:40:58	01:27:23	02:22:46
475	Ian	Brown	304 06:03:28	M 45 - 49	82 Male	411	B-Team	00:50:30	00:06:36	01:36:08	02:55:24	00:03:44	00:40:58	01:23:44	02:07:12
476	Fraser	Mcclellnon	596 06:03:32	M 40 - 44	80 Male	412		00:40:41	00:03:00	01:34:11	02:59:58	00:03:18	00:42:51	01:28:05	02:16:33
477	Sue	Brockhouse	712 06:03:46	RELAY	35 Male	413	Tri-Anglia Plan B	00:35:37	00:01:13	03:24:47	03:24:47	00:01:04	00:37:21	01:18:09	02:01:03
478	Jonathan	Clark	1044 06:04:01	M 50 - 54	56 Male	414		00:40:58	00:03:03	01:36:19	02:57:31	00:01:59	00:44:55	01:32:53	02:20:28
479	Richard	Kay	222 06:04:06	M 35 - 39	65 Male	415		00:34:38	00:03:00	01:44:39	03:10:37	00:02:11	00:41:03	01:27:36	02:13:39
480	Darren	Moore	601 06:04:13	M 40 - 44	81 Male	416		00:42:15	00:02:44	01:34:04	02:52:20	00:01:44	00:42:33	01:32:10	02:25:07
481	John	Ardron	1028 06:04:22	M 50 - 54	57 Male	417		00:43:20	00:02:26	01:37:15	02:58:36	00:02:40	00:42:05	01:29:33	02:17:19
482	Paul	Yallop	467 06:04:23	M 45 - 49	83 Male	418	Tri-Anglia	00:51:57	00:04:15	01:26:06	02:39:49	00:06:59	00:41:28	01:27:29	02:21:21
483	Matthew	Stearn	1134 06:04:28	M 50 - 54	58 Male	419		00:46:10	00:04:13	01:43:18	03:08:16	00:03:35	00:38:36	01:20:10	02:02:12
484	Martin	Stocks	1136 06:04:29	M 50 - 54	59 Male	420	Optima	00:44:03	00:04:27	01:38:41	03:02:42	00:03:10	00:41:27	01:25:20	02:10:06
485	Graham	Swanson	644 06:04:30	M 40 - 44	82 Male	421		00:42:32	00:04:52	01:41:10	03:08:55	00:02:37	00:40:13	01:23:05	02:05:32
486	Richard	Davies	322 06:04:31	M 45 - 49	84 Male	422		00:41:04	00:03:47	01:35:21	02:56:18	00:02:04	00:42:12	01:28:27	02:21:15
487	Vicki	Blake	773 06:04:45	F 30 - 34	10 Female	65		00:44:30	00:03:52	01:44:01	03:11:06	00:03:01	00:39:17	01:20:13	02:02:15
488	Matt	Smith	637 06:05:03	M 40 - 44	83 Male	423	Tian Tri Club	00:39:17	00:05:28	01:40:09	03:05:57	00:06:09	00:38:53	01:21:58	02:08:09
489	Andrew	Stewart	1200 06:05:34	M 55 - 59	21 Male	424	Hadleigh Hares Ac	00:43:32	00:03:21	01:42:52	03:10:36	00:02:40	00:36:59	01:18:50	02:05:24
490	John	Pullan	413 06:05:51	M 45 - 49	85 Male	425	Doncaster Tri Club	00:43:44	00:03:04	01:42:37	03:06:56	00:01:46	00:41:12	01:25:08	02:10:20
491	Stephen	Thornley	447 06:06:17	M 45 - 49	86 Male	426		00:40:47	00:02:39	01:31:10	02:49:38	00:02:59	00:42:54	01:32:44	02:30:11
492	Andrew	Bolton	23 06:06:32	M 30 - 34	33 Male	427		00:40:28	00:05:59	01:30:58	02:49:05	00:04:04	00:45:08	01:35:20	02:26:54
493	Caspian	James	253 06:06:47	M 25 - 29	29 Male	428		00:44:13	00:04:45	01:39:11	03:10:41	00:02:31	00:38:49	01:19:58	02:04:35
494	Mark	Walby	206 06:07:03	M 35 - 39	66 Male	429		00:39:28	00:03:16	01:39:58	03:03:26	00:02:04	00:38:52	01:28:01	02:18:47
495	Olivia	Littlechild	701 06:07:17	RELAY	36 Male	430	Havering Tri Littlechild	00:48:35	00:01:40	01:41:21	03:08:00	00:01:09	00:41:31	01:24:48	02:07:50
496	Dea	Ditchfield	926 06:07:22	F 45 - 49	8 Female	66	Bedford Harriers	00:36:49	00:03:06	01:43:22	03:11:50	00:03:07	00:40:35	01:26:48	02:12:28
497	Jason	Spurling	439 06:07:56	M 45 - 49	87 Male	431		00:44:44	00:02:55	01:41:12	03:11:23	00:02:24	00:40:07	01:21:40	02:06:27
498	Colin	Simpson	1222 06:07:58	M 60 - 64	7 Male	432	BRIGHTON PHOENIX	00:38:18	00:03:12	01:50:16	03:22:48	00:02:10	00:37:25	01:17:48	02:01:28
499	Tom	Symington	79 06:08:00	M 30 - 34	34 Male	433	Tri-Anglia	00:43:26	00:03:13	01:41:52	03:07:15	00:02:51	00:42:51	01:25:51	02:11:13
500	Peter	Snowball	438 06:08:10	M 45 - 49	88 Male	434		00:40:36	00:02:50	01:34:22	02:50:13	00:03:21	00:42:22	01:32:00	02:31:08
501	Simon	Laver	585 06:08:34	M 40 - 44	84 Male	435	East London Triathletes	00:36:00	00:02:39	02:36:01	03:45:39				
502	Ivan	Greaves	553 06:08:42	M 40 - 44	85 Male	436	Perth Triathlon Club	00:36:33	00:02:30	01:35:18	02:59:33	00:02:54	00:43:55	01:36:32	02:27:11
503	Ellen	Messingham	839 06:08:45	F 35 - 39	18 Female	67	Barracuda Tri Club	00:36:37	00:03:54	01:46:54	03:17:18	00:02:53	00:40:55	01:24:08	02:08:02
504	Jim	Harbord	353 06:08:51	M 45 - 49	89 Male	437		00:45:55	00:03:29	01:37:37	03:03:17	00:03:22	00:41:10	01:24:46	02:12:45
505	Phil	Clarke	514 06:08:55	M 40 - 44	86 Male	438	West Suffolk Wheelers & T	00:36:29	00:02:28	01:39:05	03:05:41	00:02:41	00:39:23	01:26:08	02:21:35
506	Clayton	Maltby	588 06:08:58	M 40 - 44	87 Male	439		00:41:52	00:03:04	01:30:21	02:44:57	00:02:35	00:48:50	01:40:47	02:36:28
507	Paula	Lee	693 06:09:02	RELAY	37 Male	440	Tri-Anglia FamiLee	00:44:55	00:01:34	01:36:55	02:55:24	00:01:03	00:46:57	01:35:20	02:26:05
508	Jayne	Rogers	953 06:09:18	F 45 - 49	9 Female	68	STAFFORD TRI CLUB	00:56:29	00:03:04	01:37:39	03:02:59	00:01:48	00:38:57	01:21:45	02:04:55
509	Andrew	Adey	89 06:09:25	M 35 - 39	67 Male	441		00:41:24	00:02:38	01:40:17	03:05:19	00:02:52	00:42:42	01:28:29	02:17:09
510	Scott	Helmkay	137 06:09:28	M 35 - 39	68 Male	442		00:51:28	00:04:17	01:35:36	02:56:39	00:03:52	00:43:20	01:27:48	02:13:10
511	Mark	Harriott	354 06:09:36	M 45 - 49	90 Male	443		00:45:48	00:04:27	01:40:46	03:13:04	00:03:14	00:37:57	01:18:51	02:03:01
512	Edmund	Stevens	718 06:09:36	RELAY	38 Male	444	Team Flapjac	00:47:26	00:01:30	01:52:39	03:30:59	00:01:30	00:34:53	01:11:10	01:48:10
513	Ian	Scott	629 06:10:00	M 40 - 44	88 Male	445	Absolute Triathlon Club	00:38:58	00:03:08	01:38:43	02:59:07	00:01:51	00:40:41	01:29:14	02:26:54
514	Michael	Thomson	648 06:10:01	M											



521 Christopher	Troop	1201 06:10:46	M 55 - 59	23 Male	453 Bingham Tri Club	00:45:06	00:01:53	01:31:35	02:51:26	00:01:38	00:45:23	01:37:34	02:30:41
522 Michael	Irving	364 06:11:07	M 45 - 49	92 Male	454 Skegness Triathlon Club	00:39:06	00:02:22	01:35:35	02:57:21	00:02:50	00:42:31	01:32:23	02:29:26
523 Gary	Clark	1043 06:11:09	M 50 - 54	60 Male	455 Ipswich Tri Club	00:34:37	00:05:30	01:40:16	03:07:03	00:04:15	00:44:09	01:32:22	02:19:41
524 Kevin	Durrant	535 06:11:25	M 40 - 44	90 Male	456	00:42:14	00:02:12	01:38:00	03:02:25	00:02:49	00:40:14	01:30:36	02:21:42
525 Steve	Billson	296 06:11:36	M 45 - 49	93 Male	457	00:36:27	00:03:11	01:42:40	03:12:05	00:04:02	00:39:43	01:27:22	02:15:48
526 Kenneth	Tovell	450 06:11:37	M 45 - 49	94 Male	458	00:46:13	00:02:41	01:31:02	03:15:27	00:03:45	00:37:36	01:18:17	02:03:29
527 Stefan	Baber	488 06:11:37	M 40 - 44	91 Male	459 Tri-Anglia	00:36:53	00:02:13	01:42:38	03:11:49	00:02:29	00:42:18	01:28:59	02:18:11
528 Mike	Elsom	127 06:11:51	M 35 - 39	70 Male	460	00:40:01	00:03:36	01:46:40	03:18:44	00:05:26	00:39:21	01:19:52	02:04:02
529 Chris	Beardmore	493 06:11:53	M 40 - 44	92 Male	461	00:38:43	00:03:29	01:41:34	03:11:21	00:06:47	00:38:02	01:22:27	02:11:31
530 Katie	Gilbert	1011 06:11:56	F 25 - 29	10 Female	69	00:40:33	00:02:02	01:48:16	03:24:16	00:01:42	00:36:47	01:15:28	02:03:20
531 Bradley	Jeffery	571 06:12:04	M 40 - 44	93 Male	462	00:42:06	00:06:26	01:48:16	03:18:34	00:06:15	00:36:11	01:16:23	01:58:40
532 Roy	Tait	443 06:12:22	M 45 - 49	95 Male	463 Norwich Tri club	00:34:34	00:02:56	01:44:06	03:10:55	00:01:40	00:41:50	01:29:53	02:22:15
533 Steve	Nelson	607 06:12:27	M 40 - 44	94 Male	464	00:42:13	00:04:17	01:40:35	03:04:11	00:03:04	00:40:34	01:25:36	02:18:40
534 Louise	Turnbull	909 06:12:30	F 40 - 44	14 Female	70 North Shields Poly	00:42:13	00:02:42	01:43:20	03:12:21	00:03:40	00:42:20	01:27:00	02:11:32
535 Stephen	Swallow	1138 06:12:33	M 50 - 54	61 Male	465	00:44:59	00:04:02	01:34:40	02:56:51	00:03:02	00:43:41	01:32:32	02:23:35
536 Philip	Wakeman	280 06:12:47	M 25 - 29	30 Male	466	00:31:50	00:05:08	01:42:22	03:06:29	00:03:14	00:45:51	01:32:04	02:26:05
537 Daniel	Ward	281 06:12:51	M 25 - 29	31 Male	467 Tri-Anglia	00:38:19	00:02:36	01:44:36	03:20:31	00:01:50	00:39:27	01:21:32	02:09:33
538 Dawn	Osborne	976 06:12:54	F 50 - 54	6 Female	71 Team Cherwell	00:44:25	00:02:46	01:44:05	03:12:45	00:02:47	00:40:48	01:25:03	02:10:08
539 David	Cole	314 06:13:43	M 45 - 49	96 Male	468 Balance Performance	00:37:43	00:04:02	01:46:05	03:12:00	00:02:45	00:43:57	01:30:25	02:17:11
540 Nicki	O'clarey	974 06:13:46	F 50 - 54	7 Female	72	00:41:50	00:04:04	01:47:56	03:21:34	00:03:38	00:39:39	01:20:44	02:02:38
541 Pieter	Van Rooyen	652 06:13:57	M 40 - 44	95 Male	469	00:37:07	00:03:39	01:34:21	02:55:41	00:04:30	00:45:09	01:37:20	02:32:59
542 Michael	Higgins	357 06:13:59	M 45 - 49	97 Male	470 TRI3 SLEAFORD	00:40:13	00:02:36	01:34:05	02:52:40	00:02:02	00:46:01	01:40:48	02:36:26
543 Claire	Clough	692 06:14:04	RELAY	39 Male	471 Bingham Tri East Bridgfor	00:34:47	00:01:09	01:45:16	03:17:56	00:01:06	00:38:39	01:24:57	02:19:03
544 David	Scott	425 06:14:06	M 45 - 49	98 Male	472 Grimsby Tri Club	00:35:32	00:05:22	01:43:31	03:11:01	00:03:56	00:45:24	01:30:41	02:18:13
545 Penny	Edwards	1007 06:14:13	F 60 - 64	1 Female	73 Tri-Anglia	00:49:20	00:04:20	01:47:41	03:20:48	00:02:28	00:38:20	01:17:46	01:57:15
546 Steve	Beardsmore	732 06:14:27	RELAY	40 Male	473 TNA	00:46:26	00:01:27	02:08:37	04:01:41	00:01:00	00:27:20	00:55:25	01:23:52
547 Steven	Birch	495 06:14:31	M 40 - 44	96 Male	474	00:48:23	00:03:25	01:35:26	02:56:34	00:03:03	00:43:16	01:31:13	02:23:04
548 Andrew	Cunnell	1229 06:14:36	M 65 - 69	1 Male	475 Birmingham Running Athle	00:44:00	00:02:21	01:33:34	02:56:06	00:03:14	00:46:15	01:34:40	02:28:52
549 Stephen	Ramm	181 06:14:42	M 35 - 39	71 Male	476	00:49:44					00:37:18	01:20:51	02:07:13
550 Paul	Sturman	680 06:14:42	RELAY	41 Male	477 Tri-Anglia Beauties and	00:36:09	00:01:30	01:54:51	03:29:32	00:01:04	00:38:39	01:22:14	02:06:24
551 Kevin	Marriott	383 06:14:43	M 45 - 49	99 Male	478	00:43:26	00:04:53	01:42:23	03:07:30	00:03:00	00:39:36	01:25:11	02:15:53
552 Louise	Alexander	806 06:14:44	F 35 - 39	19 Female	74 JFDITri	00:44:42	00:03:41	01:45:25	03:12:28	00:01:39	00:42:13	01:26:31	02:12:13
553 Robert	Jeeves	367 06:15:18	M 45 - 49	100 Male	479 Hadleigh Hares Ac	00:40:49	00:04:54	01:41:35	03:06:19	00:03:28	00:42:53	01:30:16	02:19:46
554 Mark	Rowsell	624 06:15:26	M 40 - 44	97 Male	480 Lincoln Tri	00:41:32	00:05:08	01:50:29	03:20:45	00:03:55	00:40:23	01:21:42	02:04:04
555 Amanda	Benstead	992 06:15:33	F 55 - 59	4 Female	75	00:42:45	00:03:58	01:45:06	03:16:16	00:03:56	00:39:59	01:22:23	02:08:36
556 Andrew	White	470 06:15:36	M 45 - 49	101 Male	481 Tri-Anglia	00:42:55	00:06:45	01:38:03	03:03:44	00:04:27	00:41:57	01:28:21	02:17:43
557 Nick	Askham	487 06:15:44	M 40 - 44	98 Male	482 Tri-Anglia	00:44:52	00:03:50	01:45:21	03:17:33	00:04:01	00:34:55	01:15:02	02:05:27
558 Nick	Barnes	492 06:15:52	M 40 - 44	99 Male	483	00:43:36	00:03:41	01:42:48	03:26:27	00:04:29	00:36:06	01:14:39	01:57:38
559 Peter	Mahoney	1232 06:15:52	M 65 - 69	2 Male	484 Portsmouth Triathletes	00:45:55	00:03:22	01:44:12	03:11:00	00:02:07	00:41:54	01:26:53	02:13:27
560 Nick	Perry	407 06:15:56	M 45 - 49	102 Male	485	00:47:09	00:04:00	01:41:39	03:06:07	00:03:03	00:42:19	01:30:05	02:15:36
561 Helen	Hardware	823 06:16:12	F 35 - 39	20 Female	76	00:37:20	00:03:03	01:46:40	03:15:45	00:01:46	00:43:59	01:30:47	02:18:16
562 Kyle	Clough	517 06:16:36	M 40 - 44	100 Male	486 Bingham Tri Club	00:37:41	00:05:37	01:45:38	03:13:34	00:03:29	00:42:07	01:29:40	02:16:14
563 Cedric	Bonnier	240 06:16:44	M 25 - 29	32 Male	487	00:41:03	00:04:09	01:39:33	03:03:04	00:02:55	00:44:01	01:34:08	02:25:31
564 Damon	Street	642 06:16:48	M 40 - 44	101 Male	488	00:40:27	00:03:16	01:34:25	02:52:44	00:02:31	00:39:48	01:30:53	02:37:48
565 Paul	Webster	1225 06:16:48	M 60 - 64	8 Male	489 Derby Traithlon Club	00:41:21	00:02:28	01:44:37	03:15:19	00:02:41	00:42:31	01:26:57	02:14:57
566 Ken	Price	1233 06:16:51	M 65 - 69	3 Male	490 Tri-Anglia	00:47:02	00:04:34	01:35:25	02:57:56	00:07:19	00:46:05	01:33:13	02:19:58
567 Jack	Tappin	275 06:16:55	M 25 - 29	33 Male	491	00:45:29	00:05:19	01:51:07	03:25:41	00:06:41	00:36:24	01:15:03	01:53:43
568 Suzie	Rylatt	902 06:16:57	F 40 - 44	15 Female	77 Ful-on Tri	00:35:25	00:03:57	01:44:35	03:22:02	00:05:07	00:45:24	01:28:49	02:10:24
569 Chris	Bott	1037 06:16:57	M 50 - 54	62 Male	492	00:42:32	00:02:08	01:35:39	03:00:35	00:02:10	00:51:09	01:41:23	02:29:31
570 Donald	Shepherd	633 06:17:00	M 40 - 44	102 Male	493	00:44:17	00:02:38	01:46:47	03:16:14	00:01:49	00:40:16	01:23:56	02:11:59
571 Alexander	Gladstone	346 06:17:01	M 45 - 49	103 Male	494	00:40:18	00:02:54	01:45:42	03:19:17	00:03:45	00:39:14	01:23:44	02:10:45
572 Peter	Ross	421 06:17:10	M 45 - 49	104 Male	495 Grimsby Tri Club	00:33:34	00:03:54	01:33:29	02:54:37	00:02:46	00:43:53	01:38:11	02:42:17
573 David	Rickson	187 06:17:24	M 35 - 39	72 Male	496 Rrossendale Tri Club	00:35:40	00:03:45	01:38:52	03:06:16	00:01:51	00:44:12	01:35:02	02:29:50
574 Jason	Pilbrow	411 06:17:30	M 45 - 49	105 Male	497 Tri-Anglia	00:42:34	00:03:21	01:41:13	03:08:05	00:03:06	00:46:20	01:33:42	02:20:21
575 Christopher	Liston	156 06:17:37	M 35 - 39	73 Male	498	00:44:31	00:03:30	01:39:22	03:04:41	00:03:24	00:42:26	01:31:23	02:21:30
576 Terry	Hubbard	566 06:17:42	M 40 - 44	103 Male	499	00:46:39	00:09:17	01:42:48	03:09:51	00:05:43	00:38:43	01:21:20	02:06:10
577 Hugh	Langley	584 06:17:47	M 40 - 44	104 Male	500	00:39:25	00:03:24	01:47:43	03:19:27	00:01:52	00:42:03	01:28:30	02:13:37
578 Susannah	Towning	984 06:17:50	F 50 - 54	8 Female	78 Tri-Anglia	00:40:46	00:03:06	01:40:55	03:03:13	00:03:00	00:42:54	01:35:53	02:27:43
579 Chris	Sim	197 06:17:55	M 35 - 39	74 Male	501	00:42:13	00:03:32	01:47:02	03:20:31	00:03:35	00:39:32	01:20:35	02:08:02
580 Tom	Deignan	38 06:18:14	M 30 - 34	38 Male	502	00:55:33	00:02:56	01:33:05	02:54:52	00:04:00	00:39:43	01:25:46	02:20:51
581 Mark	Ellison	1168 06:18:16	M 55 - 59	24 Male	503 BLACKHEATH AND BROM	00:56:30	00:05:15	01:46:15	03:14:36	00:02:57	00:36:49	01:16:12	01:58:56
582 Shaun	Middleton	261 06:18:26	M 25 - 29	34 Male	504	00:40:19	00:03:43	01:41:06	03:10:36	00:03:26	00:41:00	01:26:38	02:20:19
583 Bradley	Hurn	687 06:18:40	RELAY	42 Male	505 Brown Team	00:34:53	00:01:10	01:53:36	03:25:38	00:00:52	00:40:28	01:27:37	02:16:05
584 Martin	Hillier	360 06:18:43	M 45 - 49	106 Male	506 Ocean Lake Triathlon Club	00:45:51	00:04:04	01:51:21	03:21:12	00:02:29	00:38:58	01:20:54	02:05:05
585 David	Miles	1100 06:18:44	M 50 - 54	63 Male	507	00:37:41	00:03:54	01:41:22	03:04:54	00:03:59	00:47:38	01:36:39	02:28:14
586 Tracy	Wright	857 06:19:11	F 35 - 39	21 Female	79	00:41:22	00:05:00	01:45:26	03:17:16	00:02:24	00:42:44	01:28:37	02:13:07
587 David	Kershaw	62 06:19:16	M 30 - 34	39 Male	508 Freedom Tri	00:33:35	00:02:24	01:41:49	03:19:13	00:01:28	00:40:53	01:29:32	02:22:35
588 Paul	Abrahams	483 06:19:34	M 40 - 44	105 Male	509	00:40:51	00:03:56	01:38:24	03:02:29	00:03:24	00:41:27	01:27:44	02:28:53
589 Mike	Skillings	1197 06:19:45	M 55 - 59	25 Male	510	00:47:08	00:04:50	01:41:09	03:11:32	00:03:25	00:40:11	01:26:54	02:12:48
590 Ian	Reed	1193 06:19:52	M 55 - 59	26 Male	511 Windrush Triathlon Club	00:43:07	00:04:57	01:39:32	03:05:22	00:03:46	00:45:02	01:32:03	02:22:38
591 Richard	Connell	317 06:20:01	M 45 - 49	107 Male	512 Beccles Triathlon Club	00:36:22	00:03:49	01:37:28	03:01:41	00:04:13	00:44:11	01:35:32	02:33:54
592 Andrew	Cliffe	516 06:20:07	M 40 - 44	106 Male	513 Warrington Tri Club	00:35:33	00:03:03	01:41:47	03:08:10	00:02:27	00:43:32	01:33:20	02:30:52





596 Roger	Slee	434 06:20:16	M 45 - 49	108 Male	517 Tri-Anglia			01:34:00	02:56:19	00:03:32	00:46:27	01:30:48	02:16:49
597 Colin	Fisher	128 06:20:50	M 35 - 39	75 Male	518 Tri & Tri Again	00:40:13	00:04:48	01:38:33	03:04:56	00:05:25	00:57:34	01:41:36	02:25:27
598 John	Richer	1117 06:21:08	M 50 - 54	64 Male	519	00:51:21	00:04:41	01:48:14	03:15:33	00:03:29	00:41:38	01:23:28	02:06:02
599 Lee	Dickinson	330 06:21:11	M 45 - 49	109 Male	520 Newmarket Tri	00:49:04	00:02:19	01:35:33	02:59:42	00:02:23	00:45:12	01:33:47	02:27:41
600 Malcolm	Wilkinson	461 06:21:26	M 45 - 49	110 Male	521 Balance Performance	00:44:38	00:03:48	01:41:47	03:07:51	00:02:04	00:45:03	01:31:20	02:23:03
601 Mark	Lacy	583 06:21:43	M 40 - 44	108 Male	522 Freedom Tri	00:43:30	00:03:15	01:43:41	03:12:47	00:02:02	00:40:58	01:28:48	02:20:07
602 Matthew	Croft	35 06:21:57	M 30 - 34	41 Male	523	00:44:34	00:03:26	01:45:23	03:11:59	00:02:58	00:41:30	01:27:36	02:18:59
603 Graham	Richardson	1116 06:21:58	M 50 - 54	65 Male	524 Icerush Tri	00:44:29	00:04:11	01:34:22	02:53:22	00:04:05	00:45:29	01:38:06	02:35:48
604 Iain	Hutchinson	54 06:22:25	M 30 - 34	42 Male	525 Hereford Triathlon Club	00:38:38	00:04:29	01:39:28	03:05:15	00:03:17	00:42:13	01:33:15	02:30:45
605 Andy	Bonser	102 06:22:25	M 35 - 39	76 Male	526 West Suffolk Wheelers & T	00:43:42	00:05:26	01:37:42	03:04:21	00:04:42	00:40:44	01:29:26	02:24:13
606 Julie	Bringloe	865 06:22:33	F 40 - 44	16 Female	80 Tri-Anglia	00:37:42	00:03:29	01:48:58	03:19:24	00:02:18	00:42:26	01:30:15	02:19:39
607 Tony	Simpson	1130 06:22:35	M 50 - 54	66 Male	527 Spalding Tri Club	00:41:51	00:05:14	01:43:54	03:13:05	00:04:40	00:43:29	01:30:55	02:17:42
608 Andrew	Pond	1111 06:22:36	M 50 - 54	67 Male	528 Tri-Anglia	00:41:12	00:02:16	02:01:18	03:32:45	00:02:37	00:38:03	01:17:46	02:03:44
609 Mary	Skelcher	982 06:22:38	F 50 - 54	9 Female	81 Tri-Anglia	00:40:56	00:02:57	01:45:11	03:11:48	00:01:44	00:42:35	01:37:26	02:25:11
610 Emma	Cleere	870 06:22:41	F 40 - 44	17 Female	82 Tri Harder	00:37:15	00:04:53	01:47:17	03:20:12	00:05:19	00:44:22	01:29:19	02:14:59
611 Russell	Delew	1053 06:22:47	M 50 - 54	68 Male	529 Trilondon	00:41:44	00:03:43	01:50:26	03:26:24	00:04:35	00:40:51	01:23:51	02:06:20
612 Peter	O'hare	402 06:22:52	M 45 - 49	111 Male	530 wootton tri roadrunners	00:50:28	00:04:27	01:42:49	03:09:37	00:05:46	00:39:23	01:23:17	02:12:33
613 Kirsty	Bunting	726 06:22:59	RELAY	43 Male	531 King's Lynn 1 The False Pr	00:38:54	00:01:30	01:42:33	03:12:57	00:02:10	00:42:45	01:32:35	02:27:27
614 Sandra	Letford	944 06:23:10	F 45 - 49	10 Female	83 FARNHAM TRI CLUB	00:43:11	00:03:35	01:43:50	03:11:07	00:02:06	00:43:06	01:30:45	02:23:09
615 Phil	Roberts	1120 06:23:18	M 50 - 54	69 Male	532 Walden Tri	00:39:16	00:05:37	01:45:33	03:17:20	00:04:41	00:40:53	01:28:47	02:16:24
616 Matthew	Hills	561 06:23:22	M 40 - 44	109 Male	533	00:43:12	00:03:24	01:37:21	02:58:21	00:02:35	00:50:24	01:42:32	02:35:49
617 Craig	Chidlow	1042 06:23:24	M 50 - 54	70 Male	534	00:41:12	00:04:56	01:38:36	03:04:52	00:04:24	00:43:51	01:36:01	02:27:59
618 Jon-William	Daulton	245 06:23:30	M 25 - 29	35 Male	535 Army Tri	00:48:40	00:02:14	01:46:42	03:16:53	00:02:47	00:40:32	01:25:18	02:12:55
619 Garry	Curley	221 06:23:31	M 30 - 34	43 Male	536	00:46:19	00:01:33	01:30:56	02:48:58	00:02:10	00:39:29	01:40:33	02:44:28
620 Andrew	Hunter	567 06:23:31	M 40 - 44	110 Male	537 Leicester Triathlon Club	00:37:09	00:03:00	01:47:29	03:15:26	00:03:57	00:42:28	01:32:36	02:23:57
621 David	Melloy	390 06:23:41	M 45 - 49	112 Male	538	00:46:22	00:04:27	01:42:10	03:15:05	00:04:07	00:40:31	01:24:36	02:13:38
622 Neil	Gayton	41 06:23:45	M 30 - 34	44 Male	539 King's Lynn Triathlon Club	00:46:32	00:02:50	01:46:46	03:22:35	00:01:41	00:37:42	01:21:20	02:10:05
623 Jennifer	Bettinson	808 06:24:29	F 35 - 39	22 Female	84 Tri-Anglia	00:37:06	00:03:44	01:47:36	03:20:11	00:03:35	00:45:20	01:33:05	02:19:51
624 Robin	Mitchell	1101 06:24:31	M 50 - 54	71 Male	540 Belper 10:20	00:40:30	00:02:02	01:36:46	03:03:37	00:02:42	00:49:10	01:40:47	02:35:37
625 Cliff	Brown	302 06:24:39	M 45 - 49	113 Male	541	00:43:12	00:03:40	01:33:27	02:54:41	00:02:01	00:43:27	01:33:10	02:41:03
626 Andrea	Martinelli	891 06:24:39	F 40 - 44	18 Female	85	00:42:08	00:04:23	01:49:33	03:20:56	00:04:14	00:44:01	01:28:45	02:12:55
627 Maria	Koecher	788 06:24:41	F 30 - 34	11 Female	86	00:40:29	00:02:26	01:46:57	03:14:55	00:01:49	00:44:18	01:33:52	02:25:00
628 Mark	Mountain	604 06:24:44	M 40 - 44	111 Male	542	00:47:39	00:04:47	01:45:18	03:19:45	00:04:08	00:38:49	01:22:07	02:08:24
629 Anna	Seaman	847 06:24:59	F 35 - 39	23 Female	87 King's Lynn Triathlon Club	00:42:11	00:03:06	01:53:07	03:29:25	00:03:04	00:40:05	01:22:20	02:07:10
630 Matthew	Mckee	599 06:25:03	M 40 - 44	112 Male	543 Shrewsbury Triathlon Club	00:48:34	00:02:31	01:45:44	03:11:01	00:02:13	00:43:00	01:30:59	02:20:42
631 Daniel	Webb	282 06:25:09	M 25 - 29	36 Male	544	00:46:46	00:05:29	01:46:39	03:21:23	00:05:44	00:34:30	01:13:37	02:05:45
632 Alan	Wilton	1226 06:25:22	M 60 - 64	10 Male	545 Tri-Anglia	00:34:52	00:03:46	01:34:18	02:58:14	00:04:48	00:49:49	01:44:30	02:43:40
633 Bobby	Badesha	95 06:25:46	M 35 - 39	77 Male	546 Titan Triathlon Club	00:46:58	00:04:54	01:41:35	03:07:08	00:04:22	00:42:27	01:30:23	02:22:22
634 Brendan	Henry	559 06:25:51	M 40 - 44	113 Male	547	00:43:13	00:04:22	01:51:34	03:21:32	00:02:36	00:41:56	01:25:51	02:14:05
635 Philip	Wilton	463 06:25:55	M 45 - 49	114 Male	548 Tri-Anglia	00:44:38	00:03:17	01:45:05	03:18:30	00:02:26	00:41:56	01:28:11	02:17:01
636 Jennifer	Hare	824 06:26:14	F 35 - 39	24 Female	88 Bingham Tri Club	00:39:11	00:04:36	01:46:03	03:17:19	00:02:59	00:44:42	01:33:10	02:22:08
637 Richard	Woodward	1207 06:26:19	M 55 - 59	27 Male	549 Tri-Anglia	00:40:28	00:04:43	01:49:43	03:23:06	00:01:56	00:42:03	01:28:26	02:16:04
638 Peter	Stack	1199 06:26:29	M 55 - 59	28 Male	550 Boxfit	00:46:39	00:04:48	01:43:02	03:07:42	00:03:49	00:48:54	01:36:38	02:23:28
639 Sean	Mcgilligan	387 06:26:41	M 45 - 49	115 Male	551 Bedford Harriers	00:42:01	00:06:25	01:43:06	03:05:49	00:02:46	00:44:26	01:36:48	02:29:39
640 Claire	Illingworth	760 06:27:04	F 25 - 29	11 Female	89 Horsham Tri Club	00:41:01	00:03:42	01:49:36	03:23:46	00:04:14	00:44:41	01:30:15	02:14:19
641 Kevin	Fletcher	1061 06:27:07	M 50 - 54	72 Male	552 pacrac oundle	00:42:31	00:04:14	01:52:56	03:29:37	00:02:35	00:39:55	01:23:16	02:08:08
642 Kerry	Henderson	826 06:27:19	F 35 - 39	25 Female	90 Manchester Triathlon Club	00:36:24	00:03:23	01:50:01	03:20:51	00:02:25	00:44:40	01:33:11	02:24:13
643 Jamie	Spillett	199 06:27:23	M 35 - 39	78 Male	553 Ocean Lake Triathlon Club	00:36:44	00:02:33	01:45:35	03:12:56	00:03:08	00:47:39	01:36:34	02:32:00
644 Kris	Hemsley	138 06:27:29	M 35 - 39	79 Male	554	00:37:19	00:04:04	01:40:35	03:12:09	00:02:40	00:43:52	01:33:45	02:31:15
645 Graham	Yare	661 06:27:35	M 40 - 44	114 Male	555 Nyp Tri	00:44:10	00:04:04	01:41:57	03:08:12	00:05:14	00:45:57	01:35:25	02:25:53
646 Edward	Bone	300 06:27:36	M 45 - 49	116 Male	556 Humber Triathletes	00:46:35	00:04:24	01:58:38	03:29:38	00:03:07	00:39:23	01:21:58	02:03:50
647 Miki	Bloomfield	917 06:27:55	F 45 - 49	11 Female	91	00:36:31	00:03:18	01:46:19	03:17:02	00:02:52	00:47:55	01:39:23	02:28:10
648 Gary	Hughes	143 06:28:16	M 35 - 39	80 Male	557 Tri-Anglia	00:41:21	00:02:02	01:38:21	03:05:31	00:01:30	00:47:09	01:39:36	02:37:50
649 Andy	Brooks	104 06:28:19	M 35 - 39	81 Male	558	00:39:36	00:03:18	01:41:06	03:07:08	00:04:20	00:44:27	01:35:30	02:33:54
650 Martin	Stacey	1198 06:28:26	M 55 - 59	29 Male	559	00:38:58	00:03:29	01:45:52	03:17:52	00:02:34	00:45:29	01:32:47	02:25:31
651 Peter	King	580 06:28:27	M 40 - 44	115 Male	560 North Norfolk Tri	00:44:58	00:04:39	01:48:30	03:20:09	00:03:06	00:37:56	01:27:54	02:15:32
652 Will	Agnew	1154 06:28:39	M 55 - 59	30 Male	561	00:46:00	00:04:46	01:47:08	03:15:09	00:05:59	00:43:15	01:28:14	02:16:42
653 Rebecca	Deane	683 06:28:50	RELAY	44 Male	562 Brown Team	00:43:27	00:01:05	02:02:53	03:44:39	00:01:01	00:40:05	01:19:31	01:58:36
654 Steve	Bacon	292 06:28:55	M 45 - 49	117 Male	563	00:41:06	00:04:41	01:46:30	03:18:05	00:02:54	00:43:50	01:30:54	02:22:06
655 Andy	Thomson	1236 06:28:58	M 50 - 54	73 Male	564	00:47:10	00:04:02	01:52:50	03:30:39	00:03:49	00:41:21	01:23:27	02:03:16
656 Bernard	Fawcett	341 06:29:02	M 45 - 49	118 Male	565	00:48:30	00:03:44	01:42:01	03:09:04	00:02:12	00:42:50	01:34:41	02:25:30
657 Sarah	Jewkes	783 06:29:04	F 30 - 34	12 Female	92	00:33:09	00:04:57	01:49:40	03:26:16	00:06:14	00:42:30	01:29:25	02:18:26
658 Tracey	Ferris	876 06:29:08	F 40 - 44	19 Female	93 WOOTTON TRI	00:48:42	00:02:58	01:43:28	03:08:44	00:02:32	00:46:37	01:37:57	02:26:11
659 Peter	Green	348 06:29:24	M 45 - 49	119 Male	566 Belper 10:20	00:36:58	00:04:33	01:43:19	03:08:24	00:03:15	00:48:34	01:41:48	02:36:12
660 Andrew	Shorthose	634 06:29:28	M 40 - 44	116 Male	567	00:54:49	00:03:36	01:44:38	03:17:52	00:01:53	00:39:02	01:24:01	02:11:15
661 Anthony	Oshea	611 06:29:35	M 40 - 44	117 Male	568	00:39:37	00:04:35	01:47:59	03:18:13	00:03:16	00:42:20	01:31:02	02:23:52
662 Scott	Cole	113 06:29:37	M 35 - 39	82 Male	569	00:41:52	00:04:01	01:49:34	03:28:23	00:03:24	00:37:33	01:21:16	02:11:54
663 Mike	Scothern	1195 06:29:41	M 55 - 59	31 Male	570 Craven Energy	00:45:03	00:03:30	01:46:09	03:16:29	00:02:35	00:42:50	01:29:39	02:22:03
664 Martin	Greiller	46 06:29:45	M 30 - 34	45 Male	571	00:46:27	00:05:01	01:39:05	03:03:49	00:05:54	00:51:36	01:37:19	02:28:33
665 Richard	Petrie	408 06:29:52	M 45 - 49	120 Male	572	00:48:26	00:03:57	01:44:41	03:13:16	00:02:43	00:45:36	01:33:38	02:21:27
666 Jana	Campbell	812 06:29:52	F 35 - 39	26 Female	94 King's Lynn Triathlon Club	00:43:19	00:05:18	01:48:37	03:19:27	00:02:52	00:44:12	01:31:11	02:18:54
667 Rosie	Bolton	811 06:30:00	F 35 - 39	27 Female	95	00:40:38	00:08:13						



671 Claire	Harding	935 06:31:18	F 45 - 49	13 Female	98	00:43:32	00:03:07	01:51:54	03:27:29	00:03:03	00:42:22	01:26:36	02:14:05
672 Nicky	Day	722 06:31:20	RELAY	45 Male	574	00:39:28	00:01:28	01:52:34	03:34:16	00:01:19	00:44:13	01:30:13	02:14:47
673 Elaine	Price	980 06:31:21	F 50 - 54	10 Female	99	00:46:30	00:03:59	01:49:53	03:23:07	00:02:06	00:43:20	01:28:32	02:15:37
674 Ben	Leary	155 06:31:38	M 35 - 39	83 Male	575	00:46:37	00:05:01	01:53:19	03:27:50	00:04:45	00:42:23	01:26:49	02:07:24
675 Bacardi	King	787 06:31:43	F 30 - 34	13 Female	100	00:41:29	00:05:01	01:54:28	03:27:46	00:02:31	00:42:09	01:31:57	02:14:54
676 Ben	James	55 06:31:44	M 30 - 34	46 Male	576	00:43:30	00:03:59	01:45:50	03:11:00	00:04:02	00:44:23	01:34:11	02:29:12
677 Joanne	Diffey	925 06:31:57	F 45 - 49	14 Female	101	00:49:38	00:06:06	01:57:12	03:36:23	00:02:14	00:36:35	01:16:05	01:57:34
678 Daniel	Wakefield	205 06:32:00	M 35 - 39	84 Male	577	00:56:16	00:06:00	01:43:40	03:10:31	00:02:53	00:40:36	01:26:19	02:16:18
679 Neil	Emery	1058 06:32:05	M 50 - 54	75 Male	578	00:45:13	00:04:19	01:59:34	03:41:30	00:04:09	00:38:00	01:17:10	01:56:52
680 Chris	Lambarth	1086 06:32:20	M 50 - 54	76 Male	579	00:47:44	00:04:53	01:47:08	03:22:33	00:02:53	00:42:54	01:29:01	02:14:15
681 Lisa	Llewellyn	889 06:32:22	F 40 - 44	21 Female	102	00:45:53	00:02:54	01:46:51	03:15:49	00:04:03	00:45:11	01:34:52	02:23:41
682 John	Davis	1051 06:32:24	M 50 - 54	77 Male	580	00:49:07	00:04:52	01:49:27	03:22:16	00:02:27	00:43:27	01:27:20	02:13:40
683 Anthony	Hubbard	141 06:32:29	M 35 - 39	85 Male	581	00:48:35	00:03:50	01:37:29	02:58:40	00:03:50	00:51:45	01:42:41	02:37:32
684 David	Cameron	29 06:32:47	M 30 - 34	47 Male	582	00:47:07	00:04:43	01:44:35	03:06:53	00:01:31	00:46:25	01:37:22	02:32:31
685 Julian	Garcia	343 06:32:50	M 45 - 49	121 Male	583	00:42:07	00:03:29	01:39:19	03:08:04	00:07:16	00:41:47	01:31:58	02:31:52
686 Gordon	Knott	374 06:32:59	M 45 - 49	122 Male	584	00:56:04	00:02:49	01:39:05	03:03:46	00:02:56	00:44:59	01:35:28	02:27:22
687 Gavin	Maton	386 06:33:12	M 45 - 49	123 Male	585	00:40:02	00:06:44	02:04:31	03:40:11	00:05:45	00:36:39	01:17:59	02:00:27
688 Natalie	Thornton	957 06:33:13	F 45 - 49	15 Female	103	00:45:48	00:03:06	01:52:07	03:27:32	00:02:21	00:45:26	01:30:16	02:14:25
689 Matthew	Mckenning	1099 06:33:21	M 50 - 54	78 Male	586	00:44:22	00:04:09	01:41:07	03:11:54	00:06:24	00:49:40	01:36:25	02:26:31
690 Rick	Pearson	72 06:33:42	M 30 - 34	48 Male	587	00:33:59	00:04:22	01:44:06	03:16:53	00:02:50	00:43:07	01:37:09	02:35:36
691 Darren	Thoirs	445 06:33:59	M 45 - 49	124 Male	588	00:42:35	00:03:27	01:42:29	03:03:49	00:02:50	00:49:42	01:43:27	02:41:15
692 Greg	Morris	1217 06:34:02	M 60 - 64	11 Male	589	00:34:16	00:03:41	01:49:11	03:20:39	00:02:09	00:47:32	01:38:21	02:33:15
693 Johann	Jordi	58 06:34:04	M 30 - 34	49 Male	590	00:48:20	00:06:30	01:48:37	03:18:12	00:08:02	00:40:46	01:23:27	02:12:59
694 Andrea	Whelband	853 06:34:10	F 35 - 39	28 Female	104	00:47:49	00:05:01	01:43:35	03:13:32	00:04:46	00:46:16	01:34:03	02:23:00
695 David	Redgate	417 06:34:30	M 45 - 49	125 Male	591	00:43:32	00:02:51	01:44:54	03:11:45	00:02:44	00:44:06	01:38:15	02:33:36
696 Matt	Bull	107 06:34:55	M 35 - 39	86 Male	592	00:51:09	00:05:10	01:46:12	03:22:00	00:03:04	00:39:02	01:24:50	02:13:30
697 Christopher	Wicks	86 06:34:58	M 30 - 34	50 Male	593	00:48:53	00:05:23	01:42:10	03:09:07	00:03:26	00:44:02	01:35:37	02:28:06
698 Kimberley	Picket	792 06:35:01	F 30 - 34	14 Female	105	00:36:47	00:02:33	01:45:25	03:15:13	00:02:10	00:46:56	01:41:13	02:38:15
699 Lee	Wilkins	212 06:35:11	M 35 - 39	87 Male	594	00:39:01	00:03:34	01:44:05	03:08:37	00:03:58	00:44:45	01:38:48	02:40:00
700 Jon	Zigmond	1235 06:35:14	M 65 - 69	4 Male	595	00:45:56	00:04:24	01:49:11	03:19:54	00:03:50	00:45:16	01:33:24	02:21:08
701 Susan	Davys	996 06:35:31	F 55 - 59	5 Female	106	00:44:20	00:04:20	01:45:54	03:14:29	00:03:03	00:49:05	01:39:25	02:29:16
702 Tony	Beales	697 06:35:39	RELAY	46 Male	596	01:09:30	00:01:29	01:47:48	03:22:49	00:01:29	00:37:52	01:18:37	02:00:19
703 Matthew	Mousley	167 06:35:55	M 35 - 39	88 Male	597	00:56:08	00:03:12	01:39:58	03:05:15	00:02:40	00:43:06	01:35:53	02:28:37
704 Ewart	Lister	377 06:35:59	M 45 - 49	126 Male	598	00:47:38	00:04:30	01:50:20	03:18:58	00:05:03	00:41:30	01:26:47	02:19:49
705 Matthew	Greenwood	45 06:36:14	M 30 - 34	51 Male	599	00:42:26	00:04:06	01:46:36	03:17:04	00:02:25	00:46:40	01:37:06	02:30:10
706 Mark	Connolly	519 06:36:17	M 40 - 44	118 Male	600	00:39:34	00:03:26	01:36:51	03:03:37	00:03:36	00:48:57	01:42:25	02:46:02
707 Andrew	Hornby	362 06:36:31	M 45 - 49	127 Male	601	00:43:09	00:05:14	01:44:26	03:15:51	00:04:07	00:45:47	01:35:22	02:28:07
708 Patrick	Defew	37 06:36:32	M 30 - 34	52 Male	602	00:45:00	00:04:34	01:49:39	03:22:26	00:02:00	00:41:50	01:32:34	02:22:31
709 Kirsty	Ferris	929 06:36:34	F 45 - 49	16 Female	107	00:44:12	00:02:43	01:43:39	03:09:49	00:05:00	00:48:49	01:39:23	02:34:47
710 Dan	Mccarthy	1098 06:36:36	M 50 - 54	79 Male	603	00:39:05	00:03:24	01:53:16	03:33:31	00:02:11	00:43:31	01:29:41	02:18:23
711 Tim	Hall	47 06:36:47	M 30 - 34	53 Male	604	00:56:07	00:05:30	01:39:58	03:06:58	00:03:28	00:43:15	01:29:24	02:24:43
712 Keith	Hood	1181 06:36:47	M 55 - 59	32 Male	605	00:42:51	00:04:12	01:55:53	03:34:54	00:04:21	00:42:31	01:25:58	02:10:27
713 Mark	Ford	1170 06:36:57	M 55 - 59	33 Male	606	00:43:40	00:03:20	01:54:11	03:26:59	00:02:04	00:44:15	01:31:53	02:20:52
714 Diana	Yemm	961 06:37:01	F 45 - 49	17 Female	108	00:47:01	00:03:48	01:47:02	03:16:47	00:02:18	00:47:33	01:37:41	02:27:05
715 Iain	White	1234 06:37:05	M 65 - 69	5 Male	607	00:41:03	00:05:15	01:47:20	03:19:41	00:03:52	00:46:45	01:35:12	02:27:11
716 Jennifer	Kearns	786 06:37:06	F 30 - 34	15 Female	109	00:46:15	00:04:53	01:53:51	03:29:24	00:03:43	00:42:06	01:26:47	02:12:49
717 Ross	Bailey	1030 06:37:10	M 50 - 54	80 Male	608	00:40:06	00:03:00	01:48:03	03:16:25	00:02:27	00:50:34	01:45:17	02:35:11
718 Sarah	Greenwood	782 06:37:18	F 30 - 34	16 Female	110	00:31:35	00:02:25	01:52:08	03:27:51	00:02:40	00:48:37	01:39:57	02:32:45
719 Bev	Hendley	968 06:37:31	F 50 - 54	11 Female	111	00:39:43	00:02:57	01:58:13	03:36:39	00:02:30	00:42:35	01:27:48	02:15:39
720 Judyta	Kajstura	785 06:37:43	F 30 - 34	17 Female	112	00:56:20	00:04:35	01:50:39	03:25:17	00:05:08	00:42:07	01:23:28	02:06:21
721 David	Rouse	423 06:37:49	M 45 - 49	128 Male	609	00:41:35	00:05:05	01:45:23	03:12:05	00:05:24	00:42:34	01:32:36	02:33:37
722 Lee	Lockyer	1090 06:37:51	M 50 - 54	81 Male	610	00:57:57	00:06:39	01:50:53	03:24:06	00:06:52	00:37:59	01:19:12	02:02:15
723 Elliot	Brown	303 06:38:34	M 45 - 49	129 Male	611	00:50:19	00:03:37	01:44:42	03:15:19	00:03:28	00:48:40	01:37:48	02:25:49
724 Trish	Kelly	1000 06:38:56	F 55 - 59	6 Female	113	00:44:26	00:04:01	01:56:13	03:36:59	00:02:20	00:42:42	01:26:37	02:11:09
725 Derek	Fouche	129 06:39:01	M 35 - 39	89 Male	612	00:48:21	00:03:45	01:39:58	03:07:02	00:02:49	00:46:11	01:43:35	02:37:02
726 Jim	Carmichael	507 06:39:07	M 40 - 44	119 Male	613	00:37:29	00:05:10	01:37:28	03:00:55	00:05:32	00:46:57	01:43:47	02:49:58
727 Fenella	Podd	1014 06:39:16	F 19 - 24	2 Female	114	00:39:42	00:03:00	01:49:00	03:20:39	00:03:12	00:50:25	01:41:02	02:32:41
728 Dave	Morgan	391 06:39:27	M 45 - 49	130 Male	614	00:43:49	00:05:00	01:48:48	03:17:29	00:03:01	00:45:09	01:37:49	02:30:06
729 Tracy	Macinnes	890 06:39:41	F 40 - 44	22 Female	115	00:31:30	00:03:01	01:59:22	03:39:38	00:03:08	00:46:28	01:36:14	02:22:22
730 Mark	Brown	3 06:39:43	M 19 - 24	12 Male	615	00:44:48	00:07:00	01:46:20	03:18:01	00:01:44	00:39:54	01:26:11	02:28:07
731 Emma	Hughes	939 06:39:44	F 45 - 49	18 Female	116	00:54:52	00:04:24	01:51:10	03:26:43	00:03:23	00:41:15	01:25:02	02:10:20
732 Nicholas	Dash	36 06:39:56	M 30 - 34	54 Male	616	00:39:02	00:03:45	01:53:40	03:31:13	00:02:07	00:41:43	01:30:04	02:23:47
733 Mark	Coutts	522 06:39:57	M 40 - 44	120 Male	617	00:34:36	00:02:52	01:29:20	02:48:46	00:02:08	00:42:58	01:38:08	03:11:34
734 Mel	Sims	724 06:40:06	RELAY	47 Male	618	00:54:01	00:01:24	01:53:11	03:28:03	00:01:09	00:42:17	01:28:44	02:15:27
735 Kitty	Rosser	846 06:40:14	F 35 - 39	29 Female	117	00:47:08	00:05:13	01:45:03	03:14:03	00:03:11	00:47:36	01:37:44	02:30:36
736 Tiffany	Mackness	836 06:40:21	F 35 - 39	30 Female	118	00:44:13	00:02:49	01:45:41	03:15:28	00:01:59	00:49:14	01:42:06	02:35:51
737 Helen	Whittaker	769 06:40:52	F 25 - 29	12 Female	119	00:41:44	00:02:44	01:45:03	03:15:57	00:03:03	00:49:20	01:42:27	02:37:22
738 Donald	Wells	1205 06:41:03	M 55 - 59	34 Male	619	00:45:59	00:02:01	01:53:03	03:31:24	00:02:04	00:43:29	01:28:49	02:19:33
739 Andy	Ives	569 06:41:21	M 40 - 44	121 Male	620	00:46:00	00:05:57	01:47:15	03:22:21	00:06:06	00:39:31	01:29:14	02:20:55
740 Adam	Gibson	344 06:41:25	M 45 - 49	131 Male	621	00:43:31	00:04:00	01:42:39	03:17:56	00:03:41	00:44:04	01:37:16	02:32:15
741 Mark	Rhead	1114 06:41:47	M 50 - 54	82 Male	622	00:35:03	00:02:58	01:46:27	03:19:19	00:02:24	00:50:35	01:47:07	02:42:00
742 Samantha	Blackburn	772 06:42:09	F 30 - 34	18 Female	120	00:41:22	00:04:51	01:57:23	03:41:36	00:04:00	00:42:01	01:23:31	02:10:18
743 Bridget	Shaw	767 06:42:38	F 25 - 29	13 Female	121	00:40:48	00:02:19	01:50:30	03:23:40				



746	Andrew	Casson	1161	06:42:58	M 55 - 59	35	Male	625	Nuneaton Triathlon Club	00:47:24	00:03:50	01:44:35	03:13:24	00:02:39	00:48:33	01:37:46	02:35:39
747	Stuart	Horner	50	06:43:03	M 30 - 34	55	Male	626		00:44:30	00:01:53	01:41:20	03:16:40	00:03:07	00:44:29	01:38:46	02:36:50
748	Ben	Frazer	249	06:43:05	M 25 - 29	37	Male	627		00:40:12	00:03:19	01:36:27	03:02:32	00:04:00	00:47:52	01:56:48	02:53:00
749	Steven	Clarke	515	06:43:08	M 40 - 44	123	Male	628		00:32:02	00:03:36	01:45:01	03:16:38	00:02:57	00:48:44	01:44:04	02:47:52
750	Sharon	Maunders	699	06:43:12	RELAY	48	Male	629	Jon & The Irc	01:00:04	00:01:30	01:44:02	03:14:10	00:01:21	00:44:53	01:33:25	02:26:05
751	Sam	Edwards	873	06:44:17	F 40 - 44	23	Female	122		00:41:42	00:04:11	01:51:54	03:27:27	00:03:17	00:46:18	01:35:59	02:27:37
752	Jake	Moreton	12	06:44:21	M 19 - 24	13	Male	630	Doncaster Tri Club	00:42:03	00:02:30	01:51:16	03:29:25	00:03:15	00:41:19	01:32:11	02:27:06
753	Neil	Galjaard	1064	06:44:23	M 50 - 54	83	Male	631		00:49:13	00:02:35	01:49:38	03:23:16	00:02:46	00:45:05	01:34:21	02:26:31
754	Stuart	Plumridge	179	06:44:28	M 35 - 39	91	Male	632		00:48:45	00:05:09	01:50:03	03:37:54	00:03:44	00:40:19	01:25:00	02:08:53
755	Justin	Watkins	457	06:44:33	M 45 - 49	132	Male	633	Tri20 Triathlon Club	00:44:37	00:03:11	01:48:58	03:20:26	00:04:25	00:47:06	01:39:30	02:31:53
756	Kerry	Whitaker	801	06:45:11	F 30 - 34	19	Female	123		00:51:09	00:02:36	01:45:05	03:12:08	00:03:23	00:49:19	01:42:19	02:35:54
757	Dean	Outram	612	06:45:22	M 40 - 44	124	Male	634	TFN	00:42:43	00:02:46	01:45:41	03:13:18	00:02:46	00:46:34	01:45:28	02:43:49
758	Jonathan	Greaves	347	06:45:44	M 45 - 49	133	Male	635	WELLAND VALLEY TRI C	00:37:52	00:03:23	01:44:14	03:14:57	00:04:20	00:49:59	01:47:01	02:45:10
759	Laura	Addis	805	06:45:52	F 35 - 39	31	Female	124	Windrush Triathlon Club	00:42:13	00:05:47	01:50:01	03:23:09	00:05:09	00:48:35	01:39:50	02:29:31
760	John	Williamson	1206	06:45:52	M 55 - 59	36	Male	636	Lincoln Tri	00:44:53	00:04:24	01:42:48	03:14:40	00:04:25	00:51:28	01:45:10	02:37:28
761	Allison	Ragosa-Buckley	898	06:45:54	F 40 - 44	24	Female	125	Tri-Anglia	00:39:51	00:04:42	01:46:07	03:14:18	00:06:33	00:52:26	01:46:20	02:40:28
762	Nikki	Reeves	900	06:46:03	F 40 - 44	25	Female	126		00:44:21	00:05:40	02:00:12	03:43:07	00:02:10	00:41:31	01:26:39	02:10:44
763	Chris	Hall	350	06:46:15	M 45 - 49	134	Male	637		00:47:20	00:06:27	01:53:32	03:29:15	00:03:27	00:45:06	01:33:04	02:19:44
764	Andrew	Whiles	1150	06:46:55	M 50 - 54	84	Male	638		00:40:05	00:05:03	01:54:04	03:41:36	00:03:48	00:49:04	01:34:10	02:16:20
765	Steve	Kilsby-Leigh	1085	06:47:11	M 50 - 54	85	Male	639	Greenlight Pt	00:44:24	00:04:15	01:58:04	03:39:01	00:03:08	00:42:12	01:27:37	02:16:21
766	Jayne	Allan	913	06:47:30	F 45 - 49	19	Female	127		00:45:59	00:03:51	01:50:28	03:30:15	00:04:04	00:42:29	01:33:03	02:23:19
767	Sarah	Orchard	895	06:47:46	F 40 - 44	26	Female	128	Leicester Triathlon Club	00:46:54	00:03:40	01:50:06	03:22:54	00:04:29	00:46:12	01:37:14	02:29:47
768	Beccy	Macenri	727	06:48:05	RELAY	49	Male	640	The Generati	00:36:23	00:01:33	02:09:56	04:06:30	00:01:16	00:38:27	01:18:30	02:02:22
769	Robert	Kleider	582	06:48:09	M 40 - 44	125	Male	641	East Essex Triathlon Club	00:38:30	00:01:57	01:48:27	03:20:15	00:03:14	00:50:15	01:46:10	02:44:09
770	Anne	Fish	1010	06:48:13	F 65 - 69	1	Female	129	Tri-Anglia	00:46:44	00:03:42	01:51:06	03:24:42	00:03:07	00:47:05	01:36:58	02:29:56
771	Allister	Bell	294	06:48:58	M 45 - 49	135	Male	642	Cambridge Triathlon Club	00:42:24	00:04:21	01:53:26	03:29:35	00:03:22	00:44:45	01:34:16	02:29:13
772	Robert	Head	558	06:49:25	M 40 - 44	126	Male	643	Army Tri	00:40:39	00:02:44	01:43:46	03:11:32	00:02:52	00:47:49	01:44:34	02:51:35
773	Lynn	Brown	919	06:49:26	F 45 - 49	20	Female	130		00:41:26	00:03:07	01:52:50	03:30:00	00:01:59	00:47:54	01:38:46	02:32:52
774	Lindsay	Adcock	804	06:49:37	F 35 - 39	32	Female	131	Belper 10:20	00:42:10	00:04:56	01:56:35	03:32:56	00:03:12	00:43:58	01:35:30	02:26:20
775	Jane	O'callaghan	894	06:49:37	F 40 - 44	27	Female	132	Meridian Triathlon Club	00:44:18	00:03:05	01:55:18	03:28:18	00:02:12	00:49:32	01:40:51	02:31:42
776	Maurice	Needoff	689	06:49:44	RELAY	50	Male	644	ABSOLUTE Cocoon	00:52:32	00:02:06	02:02:06	03:47:35	00:01:29	00:41:16	01:22:52	02:05:59
777	Richard	Walker	1204	06:49:59	M 55 - 59	37	Male	645	Absolute Triathlon Club	00:44:17	00:04:56	01:53:26	03:31:58	00:02:53	00:46:04	01:35:41	02:25:54
778	Peter	Burwood	505	06:50:04	M 40 - 44	127	Male	646	Beccles Triathlon Club	00:42:23	00:03:11	01:40:45	03:09:27	00:04:51	00:50:00	01:48:01	02:50:10
779	Emily	Orford	896	06:50:04	F 40 - 44	28	Female	133	Tri-Anglia	00:51:27				00:02:16	00:46:19	01:41:18	02:34:25
780	Elisabeth	Barlow	770	06:50:39	F 30 - 34	20	Female	134		00:51:05	00:06:19	01:56:25	03:39:24	00:04:45	00:39:57	01:23:02	02:09:03
781	Lee	Skidmore	431	06:51:05	M 45 - 49	136	Male	647	Havering Tri	00:49:06	00:04:55	01:49:14	03:23:11	00:03:17	00:45:30	01:38:35	02:30:33
782	Emma	Coverley	815	06:51:13	F 35 - 39	33	Female	135		00:48:39	00:04:30	02:00:54	03:51:07	00:02:25	00:38:32	01:20:31	02:04:28
783	Andrea	Wragg	912	06:51:13	F 40 - 44	29	Female	136		00:50:54	00:06:02	01:55:25	03:34:47	00:04:54	00:43:55	01:28:34	02:14:34
784	Andrea	Gordon-Kerr	933	06:51:14	F 45 - 49	21	Female	137	Rutland Running & Triathlc	00:51:54	00:02:50	01:55:14	03:32:09	00:02:09	00:44:28	01:32:20	02:22:10
785	Yvonne	Freiherr-Fenton	820	06:51:30	F 35 - 39	34	Female	138		00:42:23	00:03:19	01:56:20	03:36:40	00:02:29	00:45:00	01:35:21	02:26:37
786	Leyla	Ari	858	06:51:33	F 40 - 44	30	Female	139		00:51:10	00:05:56	01:58:29	03:45:31	00:03:34	00:39:30	01:21:32	02:05:20
787	Darren	Hill	359	06:51:45	M 45 - 49	137	Male	648	Team Titans	00:43:13	00:04:12	01:43:55	03:14:22	00:07:45	00:46:15	01:40:59	02:42:10
788	Anne	Cilia	995	06:51:51	F 55 - 59	7	Female	140	BLACKHEATH AND BROM	00:45:55	00:05:46	01:48:35	03:23:58	00:04:52	00:45:04	01:36:12	02:31:17
789	David	Hudson	363	06:51:59	M 45 - 49	138	Male	649	Tri-Anglia	00:53:16	00:07:34	02:03:08	03:46:37	00:04:06	00:39:47	01:20:41	02:00:24
790	Emma	Cattermull	776	06:52:00	F 30 - 34	21	Female	141		00:42:38	00:03:29	01:46:35	03:20:47	00:02:04	00:49:11	01:46:48	02:43:01
791	Vince	Cox	318	06:52:03	M 45 - 49	139	Male	650	Tri-Anglia	00:41:59	00:03:55	01:43:43	03:10:02	00:03:44	00:54:29	01:52:58	02:52:21
792	Richard	Ranby	416	06:52:14	M 45 - 49	140	Male	651		00:37:03	00:04:39	01:52:19	03:31:53	00:04:03	00:44:24	01:34:21	02:34:33
793	Kate	Conway	922	06:52:21	F 45 - 49	22	Female	142	Louth Triathlon Club	00:42:55	00:03:05	01:53:41	03:29:38	00:02:53	00:45:59	01:38:52	02:33:47
794	Heidi	Elliott	874	06:52:46	F 40 - 44	31	Female	143	MVH TRI CLUB	00:40:04	00:03:41	01:52:50	03:25:18	00:03:33	00:54:05	01:46:43	02:40:07
795	Emma	Black	916	06:52:58	F 45 - 49	23	Female	144	Tri-Anglia	00:46:47	00:04:31	01:52:48	03:28:43	00:04:39	00:47:19	01:36:19	02:28:16
796	Kerry	Cairns	108	06:53:08	M 35 - 39	92	Male	652		00:45:09	00:05:26	01:49:18	03:23:10	00:03:56	00:49:52	01:41:48	02:35:25
797	Tracy	Sharp	954	06:53:12	F 45 - 49	24	Female	145		00:56:57	00:05:16	01:55:07	03:30:52	00:03:06	00:44:58	01:31:02	02:16:59
798	Natalie	Turrell	728	06:53:18	RELAY	51	Male	653	The Hens	00:47:54	00:01:13	02:04:41	03:57:11	00:01:15	00:40:37	01:23:03	02:05:43
799	Rachel	Holman	885	06:53:20	F 40 - 44	32	Female	146	Tri-Anglia	00:39:20	00:03:11	02:32:12	03:55:37	00:03:01	00:40:56	01:24:46	02:12:10
800	Kerry	Brighouse	864	06:53:29	F 40 - 44	33	Female	147	Tri-Anglia	00:38:04	00:05:32	01:54:51	03:34:32	00:06:54	00:45:23	01:36:27	02:28:25
801	Claire	Goodwin	780	06:53:39	F 30 - 34	22	Female	148		00:35:48	00:03:04	02:00:53	03:45:35	00:02:23	00:43:05	01:32:46	02:26:47
802	Joseph	Precious	616	06:53:40	M 40 - 44	128	Male	654		00:46:49	00:04:05	01:49:21	03:34:43	00:06:00	00:42:44	01:31:17	02:22:00
803	Ruthie	Martin	837	06:53:41	F 35 - 39	35	Female	149		00:49:04	00:05:26	02:03:19	03:54:11	00:04:20	00:37:20	01:17:22	02:00:38
804	George	Spanellis	638	06:53:47	M 40 - 44	129	Male	655		00:48:30	00:02:32	01:45:53	03:14:10	00:02:54	00:47:59	01:47:31	02:45:38
805	Christopher	Walton	1147	06:53:52	M 50 - 54	86	Male	656		00:54:47	00:07:38	01:48:21	03:21:10	00:05:12	00:48:55	01:36:49	02:25:03
806	Deborah	Stewart	1004	06:54:18	F 55 - 59	8	Female	150	Hadleigh Hares Ac	00:50:44	00:02:58	01:49:56	03:27:16	00:04:12	00:48:38	01:38:48	02:29:06
807	Ms Tracey	Apperley	914	06:54:34	F 45 - 49	25	Female	151		00:48:23	00:03:20	02:00:39	03:42:12	00:01:58	00:44:03	01:30:38	02:18:39
808	Chris	Ashton	94	06:54:41	M 35 - 39	93	Male	657	Stoke Mandeville Tri Club	00:40:37	00:03:11	01:49:40	03:23:57	00:03:32	00:50:01	01:42:01	02:43:22
809	Adam	Stevenson	273	06:54:48	M 25 - 29	38	Male	658		00:42:27	00:05:50	01:50:21	03:25:13	00:02:44	00:49:21	01:41:04	02:38:32
810	Kirsty	Gapp	931	06:54:58	F 45 - 49	26	Female	152		00:39:04	00:05:31	01:56:57					



821	Kate	Simons	849 06:57:26	F 35 - 39	36 Female	157 Louth Triathlon Club	00:49:34	00:03:23	01:54:44	03:34:38	00:03:17	00:46:16	01:35:16	02:26:32
822	Sam	Smith	708 06:57:43	RELAY	54 Male	665 Much Ado At	00:38:05	00:01:13	02:05:35	03:46:55	00:01:29	00:46:47	01:36:03	02:29:59
823	Grayhame	Fish	1230 06:57:44	M 65 - 69	7 Male	666 Tri-Anglia	00:38:00	00:04:28	01:53:11	03:32:45	00:03:35	00:50:13	01:44:11	02:38:54
824	Hugh	Costello	33 06:57:45	M 30 - 34	57 Male	667	00:47:27	00:07:58	01:51:12	03:24:09	00:09:18	00:46:24	01:39:02	02:28:50
825	Matthew	Bailey	489 06:58:09	M 40 - 44	130 Male	668	00:49:56	00:04:55	01:52:16	03:29:17	00:04:41	00:47:49	01:37:12	02:29:18
826	Matt	Barratt	98 06:58:43	M 35 - 39	95 Male	669 Racetime	00:47:13	00:04:26	01:47:07	03:23:28	00:03:26	00:50:55	01:46:03	02:40:08
827	Susan	Flute	877 06:58:59	F 40 - 44	35 Female	158 Tri-Anglia	00:38:03	00:04:22	01:47:53	03:21:43	00:07:14	00:45:59	01:41:57	02:47:35
828	Sharon	Jackson	888 06:59:03	F 40 - 44	36 Female	159 Blue Lagooners	00:50:59	00:06:06	01:51:38	03:23:55	00:03:57	00:48:03	01:37:54	02:34:04
829	Alexandra	Haswell	741 06:59:09	RELAY	55 Male	670 JAM JAM	00:43:19	00:01:23	02:08:57	03:56:14	00:01:02	00:43:50	01:30:15	02:17:07
830	Colin	Dillon-Davies	1054 07:00:11	M 50 - 54	87 Male	671	00:47:25	00:04:23	01:44:31	03:20:52	00:04:35	00:51:46	01:47:28	02:42:53
831	Jeremy	Nicholson	399 07:00:37	M 45 - 49	141 Male	672	00:42:09	00:03:52	01:37:54	03:50:54	00:04:29	00:42:19	01:28:32	02:19:11
832	Dean	Holvey-Hutchinson	564 07:00:46	M 40 - 44	131 Male	673	00:50:14	00:04:30	01:45:02	03:10:07	00:04:09	00:55:31	01:54:21	02:51:44
833	Stuart	Lakey	1215 07:00:48	M 60 - 64	12 Male	674 TriSudbury	00:54:08	00:13:46	01:52:19	03:23:50	00:03:29	00:44:26	01:32:57	02:25:32
834	Joanne	Thompson	768 07:01:26	F 25 - 29	14 Female	160	00:42:46	00:05:09	01:59:11	03:46:09	00:04:23	00:46:16	01:33:19	02:22:57
835	Jason	Nichol	398 07:01:41	M 45 - 49	142 Male	675 Louth Triathlon Club	00:36:37	00:04:48	01:46:10	03:18:24	00:04:02	00:55:50	01:56:41	02:57:48
836	Stewart	Lancaster	731 07:02:10	RELAY	56 Male	676 The Yellowbe	00:45:22	00:01:46	01:52:20	03:32:03	00:01:23	00:49:49	01:42:38	02:41:34
837	Mark	Collins	115 07:02:16	M 35 - 39	96 Male	677 King's Lynn Triathlon Club	00:40:11	00:05:09	01:54:12	03:35:02	00:03:14	00:44:20	01:36:48	02:38:39
838	Ian	Smith	436 07:02:34	M 45 - 49	143 Male	678	00:48:06	00:04:29	01:46:27	03:18:25	00:02:22	00:44:28	01:36:14	02:49:11
839	Jen	Lovesey	972 07:02:50	F 50 - 54	13 Female	161	00:47:19	00:06:25	02:05:16	03:55:44	00:03:30	00:41:36	01:26:11	02:09:51
840	Seamus	Kelleher	256 07:03:16	M 25 - 29	39 Male	679	00:58:10	00:04:33	01:58:10	03:33:47	00:04:11	00:43:13	01:31:49	02:22:32
841	Laura	Marshall	789 07:03:47	F 30 - 34	23 Female	162 Ely Tri Club	00:44:35	00:02:13	01:48:06	03:20:43	00:02:50	00:55:53	01:51:53	02:53:24
842	Nicola	Burnside	920 07:03:49	F 45 - 49	29 Female	163 Pendle Triathlon Club	00:54:19	00:03:42	01:48:55	03:20:51	00:03:18	00:51:56	01:42:58	02:41:37
843	Michael	Smith	15 07:03:50	M 19 - 24	14 Male	680	01:20:20	00:04:36	01:56:20	03:47:10	00:02:31	00:36:26	01:12:50	01:49:11
844	Michyla	Clark	868 07:03:58	F 40 - 44	37 Female	164 Skegness Triathlon Club	00:43:47	00:04:11	02:05:34	03:47:54	00:05:15	00:44:03	01:32:31	02:22:49
845	Ellie	Harris	936 07:04:48	F 45 - 49	30 Female	165 Nuneaton Triathlon Club	00:43:24	00:07:31	01:58:01	03:37:46	00:05:52	00:50:33	01:40:10	02:30:13
846	Janet	Evans	997 07:05:05	F 55 - 59	9 Female	166	00:55:49	00:05:09	01:51:51	03:25:08	00:03:44	00:46:30	01:39:20	02:35:12
847	Claire	Stilgrove	851 07:05:21	F 35 - 39	37 Female	167 Stamford Tri Club	00:38:48	00:04:03	01:55:23	03:33:47	00:06:02	00:48:26	01:45:07	02:42:39
848	Alan	Ellis	335 07:05:27	M 45 - 49	144 Male	681 Lincoln Tri	00:44:59	00:04:29	01:46:07	03:14:02	00:02:42	00:56:48	01:57:49	02:59:13
849	Christopher	Harris	135 07:05:48	M 35 - 39	97 Male	682	00:38:54	00:03:42	02:30:37	04:17:29	00:02:51	00:35:50	01:16:44	02:02:50
850	Darrell	Blackburn	496 07:06:16	M 40 - 44	132 Male	683	00:43:50	00:04:51	01:44:34	03:18:32	00:04:09	00:54:49	01:54:04	02:54:53
851	Andrew	Stevenson	1135 07:06:37	M 50 - 54	88 Male	684	00:41:16	00:04:50	01:50:31	03:25:55	00:03:54	00:49:18	01:45:00	02:50:41
852	John	O'hare	609 07:06:38	M 40 - 44	133 Male	685	01:05:12	00:05:04	01:58:23	03:33:48	00:06:17	00:39:06	01:24:07	02:16:16
853	Sigrid	Robson	981 07:06:42	F 50 - 54	14 Female	168	00:55:01	00:08:25	02:02:30	03:46:49	00:04:45	00:43:08	01:26:28	02:11:41
854	Adele	Prince	897 07:06:43	F 40 - 44	38 Female	169	00:55:22	00:03:52	01:57:07	03:36:11	00:03:54	00:42:32	01:35:39	02:27:21
855	Nikki	Coutts	871 07:07:15	F 40 - 44	39 Female	170 Walden Tri	00:47:53	00:08:13	01:54:20	03:36:07	00:04:34	00:45:58	01:37:21	02:30:26
856	Larissa	Smith	797 07:07:19	F 30 - 34	24 Female	171 Bungay Black Dog Rc	00:44:24	00:03:39	01:54:42	03:33:23	00:03:55	00:53:32	01:48:21	02:41:56
857	Stephen	Dunkerley	1056 07:07:39	M 50 - 54	89 Male	686 Portsmouth Triathletes	00:41:51	00:05:00	01:50:11	03:25:11	00:05:31	00:53:07	01:50:33	02:50:04
858	Sean	Newbury	396 07:08:15	M 45 - 49	145 Male	687	00:57:05	00:03:41	01:45:15	03:13:47	00:03:12	00:52:49	01:46:45	02:50:28
859	Trish	Mclauchlan	1003 07:08:21	F 55 - 59	10 Female	172 Fleet Feet Triathletes	00:41:25	00:03:31	01:51:18	03:30:33	00:02:14	00:53:00	01:48:32	02:50:36
860	Mark	Gabbittas	1063 07:08:24	M 50 - 54	90 Male	688	00:45:48	00:04:04	02:00:36	03:49:49	00:03:54	00:45:41	01:34:29	02:24:46
861	David	Felton	539 07:08:26	M 40 - 44	134 Male	689	00:53:43	00:07:27	01:53:22	03:28:51	00:05:47	00:47:51	01:39:22	02:32:36
862	Steven	Tiller	277 07:08:29	M 25 - 29	40 Male	690	00:49:38	00:04:30	01:36:26	03:10:16	00:04:27	00:57:27	01:55:27	02:59:36
863	Jane	Blackwell	993 07:08:47	F 55 - 59	11 Female	173 Tri-Anglia	00:37:33	00:03:31	01:52:38	03:27:17	00:02:53	00:52:19	01:51:16	02:57:31
864	Trudy	Sharam	904 07:09:08	F 40 - 44	40 Female	174	00:46:38	00:04:46	01:52:49	03:24:10	00:04:58	00:57:54	01:53:16	02:48:35
865	Will	Goff	43 07:09:37	M 30 - 34	58 Male	691	00:47:50	00:05:47	01:47:25	03:23:49	00:05:21	00:51:14	01:48:47	02:46:47
866	Pat	Cooke-Rogers	1006 07:09:37	F 60 - 64	2 Female	175 King's Lynn Triathlon Club	00:48:49	00:03:00	01:44:39	03:16:00	00:04:52	00:57:49	01:56:00	02:56:53
867	Ben	Ashcroft	225 07:09:42	M 30 - 34	59 Male	692	00:44:49	00:04:02	01:38:31	03:08:52	00:03:44	00:53:18	02:00:25	03:08:13
868	Karen	Jackson	969 07:10:01	F 50 - 54	15 Female	176 MVH TRI CLUB	00:41:06	00:04:59	02:03:45	03:52:28	00:05:02	00:45:31	01:34:35	02:26:23
869	David	Sharp	426 07:12:11	M 45 - 49	146 Male	693	00:48:38	00:06:44	01:51:45	03:26:47	00:04:48	00:50:26	01:46:51	02:45:12
870	Scott	Bringloe	301 07:12:37	M 45 - 49	147 Male	694 Tri-Anglia	00:48:39	00:09:12	01:53:34	03:29:14	00:06:33	00:53:12	01:46:57	02:38:58
871	Mark	Ryan	191 07:12:53	M 35 - 39	98 Male	695	00:49:16	00:03:01	01:53:16	03:32:35	00:02:17	00:51:32	01:45:43	02:45:42
872	Stuart	Dillingham	124 07:12:57	M 35 - 39	99 Male	696 Evesham Vale Tr	00:39:07	00:04:39	01:58:42	03:39:55	00:03:33	00:51:27	01:44:31	02:45:41
873	Mark	Wilson	659 07:13:52	M 40 - 44	135 Male	697	00:51:45	00:05:08	01:48:12	03:35:12	00:05:33	00:54:37	01:47:08	02:36:12
874	Paul	Youngman	662 07:14:01	M 40 - 44	136 Male	698 Tri-Anglia	00:57:17	00:05:09	01:42:45	03:15:48	00:08:11	00:45:58	01:41:59	02:47:35
875	Sharon	Jenkins	942 07:14:10	F 45 - 49	31 Female	177	00:36:19	00:06:57	01:53:46	03:29:41	00:04:50	00:46:31	01:55:04	02:56:20
876	Charles	Roberts	734 07:15:06	RELAY	57 Male	699 Tri 3 Sleaforc Tri 3 No Star	00:54:42	00:01:51	01:51:51	03:28:26	00:01:15	00:49:59	01:46:35	02:48:51
877	Graham	Kirkham	581 07:15:16	M 40 - 44	137 Male	700 Durham Triathlon	00:55:38	00:02:55	01:54:08	03:33:13	00:03:59	00:47:46	01:38:49	02:39:30
878	Ian	Finch	540 07:15:51	M 40 - 44	138 Male	701 Lincoln Tri	00:44:15	00:03:45	01:54:31	03:35:40	00:03:24	00:48:51	01:46:45	02:48:46
879	David	Robinson	1121 07:16:15	M 50 - 54	91 Male	702 NE31 Tri Club	00:48:06	00:03:32	01:55:49	03:35:13	00:02:32	00:52:00	01:46:50	02:46:49
880	Matthew	Jack	366 07:17:27	M 45 - 49	148 Male	703	00:53:38	00:05:37	01:58:11	03:41:48	00:05:24	00:48:06	01:39:56	02:30:59
881	Paul	Hopkin	1075 07:17:38	M 50 - 54	92 Male	704 Belper 10:20	01:00:10	00:04:37	01:48:09	03:16:59	00:03:38	00:50:06	01:48:31	02:52:13
882	Diane	Meakins	973 07:18:28	F 50 - 54	16 Female	178 CHARNWOOD TRIATHLCL	00:46:43	00:02:51	01:56:45	03:36:44	00:03:50	00:55:21	01:51:44	02:48:18
883	Ian	Freel	1171 07:18:45	M 55 - 59	39 Male	705	00:59:25	00:02:51	01:51:38	03:26:31	00:01:52	00:48:59	01:48:34	02:48:04
884	Patricia	Atwood	1009 07:19:12	F 65 - 69	2 Female	179 Hadleigh Hares Ac	00:51:53	00:03:01	01:58:19	03:39:26	00:02:23	00:50:06	01:46:13	02:42:28
885	Lucy	Campbell	963 07:21:01	F 50 - 54	17 Female	180	00:51:08	00:05:20	02:16:19	04:09:00	00:04:24	00:41:04	01:25:46	02:11:07
886	Jeremy	Godwin	1173 07:21:22	M 55 - 59	40 Male	706	00:52:50	00:03:35	01:48:05	03:20:34	00:03:12	00:58:46	01:56:55	03:01:09
887	David	Miller	1237 07:23:42	M 55 - 59	41 Male	707	00:44:20	00:04:33	01:52:36	03:30:30	00:05:20	00:51:20	01:51:13	02:58:57
888	Michael	Hailey	133 07:24:16	M 35 - 39	100 Male	708 King's Lynn Triathlon Club	00:44:47	00:03:28	02:52:16	04:21:22	00:03:22	00:41:40	01:26:17	02:11:15
889	Michael	Moreton	1103 07:25:29	M 50 - 54	93 Male	709 Doncaster Tri Club	00:53:06	00:04:07	02:00:26	03:39:51	00:02:42	00:54:31	01:48:41	02:45:41
890	Grant	Ludlow	1186 07:25:50	M 55 - 59	42 Male	710	00:49:46							





896 Hugh	Pinder	1110 07:32:34	M 50 - 54	95 Male	715 Louth Triathlon Club	00:37:22	00:05:27	02:08:22	04:03:14	00:02:26	00:47:47	01:42:56	02:44:04
897 Kathryn	Pinder	978 07:32:47	F 50 - 54	18 Female	182 Louth Triathlon Club	00:48:27	00:05:28	02:08:36	03:56:52	00:05:22	00:49:39	01:42:08	02:36:37
898 Gavin	Seale	1128 07:34:25	M 50 - 54	96 Male	716 Portsmouth Triathletes	00:51:50	00:04:49	01:56:41	03:42:49	00:04:29	00:50:56	01:46:53	02:50:25
899 Tracey	Melville	892 07:34:29	F 40 - 44	41 Female	183 Tri-Anglia	01:04:10	00:04:19	02:04:21	03:48:39	00:03:53	00:50:49	01:41:32	02:33:26
900 Sarah	Langford	832 07:35:55	F 35 - 39	39 Female	184 MVH TRI CLUB	00:46:05	00:03:50	01:56:03	03:43:11	00:02:11	00:57:40	01:56:44	03:00:36
901 Sandy	Wall	987 07:36:59	F 50 - 54	19 Female	185	00:41:11	00:04:45	01:56:41	03:27:44	00:03:48	01:13:24	02:16:46	03:19:28
902 Lisa	Grandcourt	881 07:39:12	F 40 - 44	42 Female	186	00:51:03	00:04:37	02:13:57	04:06:18	00:03:53	00:51:59	01:42:03	02:33:19
903 Stacey	Atkins	807 07:40:06	F 35 - 39	40 Female	187	00:52:11	00:04:46	02:07:41	03:53:21	00:04:07	00:58:41	01:51:07	02:45:39
904 Sukeallia	Blount	810 07:40:10	F 35 - 39	41 Female	188	00:52:09	00:04:33	02:06:41	03:53:44	00:04:00	00:58:40	01:51:06	02:45:42
905 Samantha	Proctor	793 07:40:18	F 30 - 34	25 Female	189	00:38:51	00:05:38	02:02:53	03:49:51	00:05:00	00:56:22	01:57:39	03:00:56
906 Samantha	Watkins	959 07:40:45	F 45 - 49	32 Female	190 Rugby Triathlon Club	00:49:28	00:04:54	02:03:21	03:50:12	00:05:18	00:52:23	01:51:03	02:50:51
907 Tina	Kiff-Jamieson	943 07:40:48	F 45 - 49	33 Female	191 north devon triathletes	00:50:58	00:03:22	02:05:29	03:50:25	00:02:09	00:55:20	01:54:01	02:53:51
908 Alex	Taylor	276 07:41:14	M 25 - 29	41 Male	717	00:54:37	00:10:18	01:56:10	03:36:45	00:04:03	00:58:05	01:55:25	02:55:30
909 Judith	Harper	967 07:42:22	F 50 - 54	20 Female	192 Rugby Triathlon Club	00:51:18	00:07:05	01:59:47	03:50:12	00:04:35	00:52:32	01:53:16	02:49:11
910 William	Harvey	1179 07:44:56	M 55 - 59	43 Male	718 Newcastle (Staffs) Tri Club	00:46:05	00:05:17	02:06:36	03:48:48	00:10:45	00:52:55	01:51:32	02:53:58
911 Paul	Butler	1211 07:45:35	M 60 - 64	13 Male	719 MVH TRI CLUB	00:47:13	00:07:37	02:05:19	03:49:28	00:05:20	00:54:17	01:54:56	02:55:55
912 Tina	Asu	991 07:46:22	F 55 - 59	12 Female	193	00:43:12	00:05:43	02:08:58	03:58:01	00:06:11	00:54:48	01:51:03	02:53:13
913 Lucy	Johnston	829 07:49:18	F 35 - 39	42 Female	194 Bungay Black Dog Rc	00:46:32	00:04:43	02:07:50	03:58:09	00:03:42	00:55:20	01:55:27	02:56:12
914 Emma	Goldberg	880 07:53:18	F 40 - 44	43 Female	195	00:46:46	00:02:55	02:18:30	04:21:10	00:02:53	00:46:11	01:38:15	02:39:31
915 Ryan	Bradley	25 07:53:24	M 30 - 34	60 Male	720	01:06:59	00:04:52	02:00:42	03:46:54	00:08:43	00:52:32	01:47:00	02:45:53
916 Richard	Mckibbin	67 07:53:31	M 30 - 34	61 Male	721	01:04:56	00:05:31	01:57:16	03:48:13	00:08:47	00:52:34	01:47:03	02:46:02
917 Pippa	Swinbank	908 07:54:01	F 40 - 44	44 Female	196	00:49:41	00:04:36	02:08:54	04:02:30	00:04:20	00:58:04	01:54:32	02:52:52
918 Philip	Carr	109 07:54:46	M 35 - 39	101 Male	722	01:29:40	00:05:59	01:58:59	03:37:01	00:03:18	00:51:37	01:43:48	02:38:46
919 Miriam	Charlery	867 07:59:53	F 40 - 44	45 Female	197 Swale Tri Club	00:48:45	00:03:07	02:10:32	03:54:40	00:03:07	00:51:38	01:53:08	03:10:12
920 Mika	Butler	994 08:00:35	F 55 - 59	13 Female	198 MVH TRI CLUB	00:49:09	00:04:44	02:14:20	04:06:28	00:04:32	00:54:16	01:49:09	02:55:39
921 Peter	Sawko	628 08:01:31	M 40 - 44	142 Male	723 Tri Force (Herts)	00:47:38	00:05:43	01:57:14	03:45:33	00:09:11	01:02:04	02:06:29	03:13:24
922 Ruth	Boogert	863 08:01:35	F 40 - 44	46 Female	199	00:47:29	00:07:26	02:17:26	04:15:10	00:01:48	00:53:55	01:51:39	02:49:39
923 Daniel	Wales	207 08:02:38	M 35 - 39	102 Male	724	00:55:38	00:03:00	02:02:09	03:56:33	00:02:51	00:57:41	02:00:13	03:04:34
924 Matt	Wilson	284 08:02:41	M 25 - 29	42 Male	725	00:58:06	00:04:12	02:03:16	03:56:33	00:02:24	00:59:29	01:58:05	03:01:23
925 Phil	Jackson	1080 08:04:13	M 50 - 54	97 Male	726	01:03:29	00:05:17	02:07:13	03:53:39	00:08:13	00:55:30	01:53:14	02:53:33
926 Neil	Frankland	342 08:05:14	M 45 - 49	149 Male	727	00:48:18	00:07:53	03:02:45	04:33:38	00:03:47	00:45:39	01:35:01	02:31:36
927 Kevin	Rowe	1220 08:08:04	M 60 - 64	14 Male	728 Tri-Anglia	00:50:20	00:08:19	02:02:30	03:50:16	00:05:04	01:00:09	02:02:55	03:14:02
928 Angela	Wood	856 08:11:52	F 35 - 39	43 Female	200	00:41:16	00:06:31	02:00:15	03:40:50	00:07:24	01:09:30	02:22:06	03:35:49
929 Ian	Hibberd	139 08:11:59	M 35 - 39	103 Male	729	01:02:57	00:09:14	02:11:55	04:12:21	00:05:07	00:49:27	01:45:43	02:42:18
930 Danielle	Whitehurst	802 08:13:31	F 30 - 34	26 Female	201	01:18:30	00:04:03	02:18:51	04:08:10	00:02:55	00:52:46	01:44:45	02:39:51
931 Bernadette	Raines	950 08:13:54	F 45 - 49	34 Female	202	01:00:40	00:05:54	02:12:16	04:04:39	00:04:52	00:54:57	01:55:27	02:57:48
932 William	Law	154 08:16:15	M 35 - 39	104 Male	730	00:46:18	00:05:04	03:27:28	04:52:42	00:02:44	00:47:23	01:36:19	02:29:25
933 William	Catchpole	1162 08:16:29	M 55 - 59	44 Male	731 Ipswich Tri Club	00:51:45	00:05:49	02:22:46	04:19:26	00:04:15	00:55:53	01:54:00	02:55:13
934 Anthony	Evans	1059 08:18:25	M 50 - 54	98 Male	732 Ipswich Tri Club	01:00:34	00:05:20	02:09:22	03:59:57	00:04:22	01:03:58	02:06:16	03:08:10
935 Darren	Adams	285 08:31:57	M 45 - 49	150 Male	733	00:45:25	00:04:46	01:57:34	03:40:59	00:03:42	01:15:15	02:35:27	03:57:03
936 Sarah	Wills	803 08:35:29	F 30 - 34	27 Female	203	00:52:09	00:04:59	02:12:12	04:09:07	00:05:37	01:05:36	02:17:02	03:23:35
937 Matt	Crake	118 08:39:44	M 35 - 39	105 Male	734 Pirate Ship of Fools	00:55:33	00:09:57	02:13:38	04:11:27	00:06:52	01:05:33	02:08:44	03:15:52
938 Rachel	Hall	882 08:43:51	F 40 - 44	47 Female	204 Viceroy's	00:47:31	00:09:15	02:26:21	04:29:42	00:05:57	01:02:08	02:04:24	03:11:24
939 Daniel	Johnson	255 08:43:55	M 25 - 29	43 Male	735	01:03:57	00:05:55	02:24:58	04:31:24	00:11:06	00:54:08	01:51:00	02:51:31
940 David	Martin	1216 08:49:53	M 60 - 64	15 Male	736 St Albans Striders	00:51:05	00:08:07	02:16:39	04:11:55	00:04:34	01:12:12	02:22:18	03:34:11
941 Kathryn	Jones	830 08:51:54	F 35 - 39	44 Female	205	00:51:50	00:03:32	02:13:17	04:16:07	00:03:06	00:58:59	02:05:50	03:37:18
942 Carolyn	Martin	1008 09:04:52	F 60 - 64	3 Female	206 St Albans Striders	01:01:47	00:12:25	02:23:50	04:29:20	00:05:41	00:56:19	02:03:45	03:15:37
943 Lance	Kesson	372 09:13:52	M 45 - 49	151 Male	737 Viceroy's	00:35:07	00:50:02	02:27:54	04:31:23	00:05:53	01:02:10	02:04:24	03:11:25
Charlie	Holton	563	M 40 - 44	Male		00:35:26	00:02:15	01:28:54	02:42:10	00:02:00	00:35:19	01:15:52	
James	Swift	78	M 30 - 34	Male	East London Triathletes								