

RACE INFORMATION

OUTLAW HALF HOLKHAM WEEKEND

FINAL RACE INFORMATION

3 JULY 2021

HOLKHAM HALL, NORFOLK

COVID-19 Statement

Welcome to the second in the series of Outlaw Triathlon Weekends. Guidance for this event is designed to help mitigate the spread of Covid-19 as well as deliver an event where all participants, crew, volunteers, suppliers, and any supporters feel safe and have an enjoyable experience.

In line with government guidance, we would recommend that parents/guardians/carers attending the event complete a lateral flow test and only travel to the event should they return a negative result. If you or your child feel unwell in the lead up to the event, please DO NOT attend and seek medical advice.

We encourage everyone over the age of 12 that comes onto the event site to please wear a face covering. This does not apply when racing.

Please also be mindful and respectful of fellow competitors and the Volunteers that have given their time to enable this race to go ahead by maintaining Social Distancing at the event.

We hope you have a great event and just remember the overriding priority is to have fun and stay SAFE.

Welcome

These events are based mainly within the stunning surroundings of the Holkham Estate. This year, for the first time we have added a Half Marathon, to sit alongside the 10KM and Future Outlaw Run.

All runs will use a mixture of tarmac roads and internal estate trail paths, all with very scenic, but challenging routes, designed to test all comers.

Directions to Holkham Hall

Holkham is two miles west of Wells-next-the-Sea on the main A149, within easy reach of Norwich on the A1067, King's Lynn on the A148, and London and Cambridge from the M11 and the A10. Cars: Brown tourist signs indicate the route from Fakenham following the B1105 and A149 road

from Wells-next-the-Sea. The main entrance for the public, cars and small coaches to Holkham Park, the Hall and other attractions, is via the north gates of the estate on Park Road.

By train: The nearest train station is King's Lynn (approximately 23 miles away), which has hourly trains running from King's Cross, London via Cambridge and Ely. Train times can be found by telephoning National Rail Enquiries: (08457) 484950 or visiting www.qjump.co.uk.

By bus: The Norfolk Coasthopper runs from King's Lynn and Hunstanton to Sheringham and has two stops at Holkham. The main bus stop is on the main road in Holkham village. In the summer the service is surprisingly frequent. The Hall is reached via Park Road, approximately a 3/4 mile walk away.

By bicycle: Holkham Park is on National Cycle Route 1. For more information see the Sustrans website: www.sustrans.org.uk. Secure bicycle racks can be found in the courtyard.

Car Parking

Please read this section carefully so you know the quickest and easiest way to access Holkham Hall Estate. On arrival, please ensure you have your Parking Permit displayed in your front window if you have pre-purchased as part of the weekend. For those that have pre-purchased and are displaying your Parking Permit there is a Fast-Track chute to take you straight into the car park. If you are not displaying your Parking Permit or haven't pre-purchased your parking you can do this on arrival for £5 per day. All vehicles and any belongings are left at the owners' risk.

Refreshments

Holkham Hall has a major cafe on site serving a mixture of quality hot and cold food & drink. There will also be a range of quality catering units around the main event site.

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What Will You Need?

For the run we suggest competitors wear very simple clothes and trainers which they feel comfortable running in. All of the surfaces will be in good condition and firm under foot.

Race Rules

This is very simple, have fun and smile for the whole Run!



Half Marathon – Registration, Race Packs & Late Entries

The Enquiries Marquee will be located in the main event field. Enquiries will be open Saturday between 0730 - 0830 for collecting any late issued Race Packs, last minute questions or late entries. Your race pack will contain a race number with a timing chip attached to be back.

We will be accepting entries on the day for this event at a cost of £40.00

Race Start

The starting area will be from near the main event site. Runners will be walked up to the Ice House for the start. Runners must queue up in small groups to start, no more than four people. You will be queued along the road & the starting gap will only be a few seconds between each group.

Race Route

The route will be two laps of an approximately 10K lap. Starting from the Ice House, approximately 500metres from the main site area. The route is a figure of eight, using mainly the estate tarmac roads and some sand lanes. Just after 10KM, you will finish the first lap, turn right and retrace your steps for a second lap. When you have completed two laps, then turn left to the finish.

Drink Stations

There will be two drinks stations, at 4.4miles & 10.2miles. They will be offering water, High5 Energy Drink & High5 Energy Gels.



10K – Registration, Race Packs & Late Entries

The Enquiries Marquee will be located in the main event field. Enquiries will be open Saturday between 0730 - 1230 for collecting any late issued Race Packs, last minute questions or late entries. Your race pack will contain a race number with a timing chip attached to be back.

We will be accepting entries on the day for this event at a cost of £30.00

Race Start

The starting area will be from near the main event site. Runners will be walked up to the Ice House for the start. Runners must queue up in small groups to start, no more than four people. You will be queued along the road & the starting gap will only be a few seconds between each group.

Race Route

The route will be one lap. Starting from the Ice House, approximately 500metres from the main site area. The route is a clockwise loop, using mainly the estate tarmac roads and some sand lanes.

Drink Stations

There will be one drinks stations, at 3.6 miles. They will be offering water, High5 Energy Drink & High5 Energy Gels.

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Future Outlaw – Registration, Race Packs & Late Entries

The Enquiries Marquee will be located in the main event field. Enquiries will be open Saturday between 1300 - 1400 for collecting any late issued Race Packs, last minute questions or late entries. Your race pack will contain a race number with a timing chip attached to be back.

We will be accepting entries on the day for this event at a cost of £12.00

Race Start

The starting area will be from near the main event site, outside of the house. Runners must queue up in pairs to start. Runners will be queued along the road & the starting gap will only be a few seconds between each group.

Race Route

Starting from outside of the main house. The mini 1.2miles route is a simple out & back to the Oberlisk. The junior 2.4miles route is a clockwise loop, towards the Oberlisk, then right to the Walled Gardens and returning back to the main event site.

GENERAL INFORMATION

Litter

Do not drop any litter! Plus put your plastic cups in the bins provided & gels wrappers into the red re-cycling bins to allow us to recycle the gel wrappers into items such as flowers etc.

Race Numbers

Please do not cut, fold or tear your race numbers. Race numbers must be worn on the competitor's front during the event at all times. Please do not tamper with the race number and do not forget to bring your own safety pins.

Race Briefing

There will be a race briefing approximately 5 minutes before the start of the event. This will take place in the start area. The race briefing will inform you of any last minute route changes and safety points. If you have any questions or queries on race day, please ask them after the race briefings.

Medical Conditions

We request that all competitors have their next of kin & contact details on the back of their race numbers using a waterproof pen. If your child has any type of medical condition or are taking any type of medication please write a large 'MC' on the bottom left of their race number. Please write their medical condition fully on the back of their number also. This will only be used in the event of them being involved in an accident.

Medical Cover

The safety of our competitors is paramount. Onsite during the event will be a specialist medical company set up to supply the highest calibre of comprehensive medical cover to sporting events such as this. On the day there will be a team of first-aiders, nurses and state registered Paramedics. If before, during or after the event you feel that your competitor will require any type of medical care, please do not hesitate to contact an event marshal.

Results

The results will be live to web via our event website – www.outlawtriathlon.com

Free Photos

You can download free photos after the event via our event website – www.outlawtriathlon.com

Withdrawals

The withdrawal date for this event has now passed, please refer to our 'Terms & Conditions of Entry' for more information. Please note that you are not allowed to give your entry away, as the person running under the registered name will not be insured.

Race Office Closure

The OSB Events race office will be closed from Wednesday 30 June at 5pm. Please do not leave messages or send emails regarding this event, as we will be on site setting up for the event.

Thanks

Thanks to all the individuals who have agreed to give up their time to help set up and volunteer at these event. It takes a great amount of work to organise an event such as this.

Further Information

Any questions related to the event can be answered by emailing info@osbevents.com

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